

Range Rider



Wyoming Dietetic Association

 an affiliate of the
American Dietetic Association

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Message from the President Summer 2009

I am excited to serve as the 2009-2010 Wyoming Dietetic Association President. Connecting through Communication is the theme we will be focusing on this year. At the Board Orientation Meeting in June we decided on several goals for this year and beyond which compliment the WDA Mission, Vision and Value Statement and Strategic Plan. We will be connecting with the WDA membership by:

- Conducting Telephone Surveys with every WDA member. We need your valuable input so please be prepared to receive a phone call from a WDA Board Member in the next few months.
- Investigating the latest innovations in technology to help bridge the distance gap between us
- Improving our website and voting process
- Developing a committee to re-visit licensure in Wyoming
- Supporting the professional development of our membership by offering ADA webinars sponsored by WDA – *more information will be available this Fall.*

It was great seeing all of you that were able to attend the Annual WDA Conference in Laramie June 4-5. We had an energizing meeting. The conference speakers were outstanding! A sincere note of gratitude to the Planning Committee: Beth Kamber, Betty Holmes, Janice Smith, Laura Hudspeth, Mindy Meuli, and Sarah Francis...**we made an awesome team.** Also a Special Thank You to the Western Dairy Association and Judy Barbe for sponsoring the dynamic speaker Leslie Bonci and to the Wyoming Beef Council and Ann Wittmann for sponsoring the delicious dinner for the WDA Business Meeting and Award Ceremony. Congratulations to all the award recipients and newly elected board members.

I'm looking forward to an exciting and productive year.

Paula Needles, RD

Photos from the WDA Annual Conference Held in Laramie on June 4th and 5th



*Always good to
put a name with
a face!*



Paula Needles, WDA President
welcoming members



Laura Hudspeth, Newsletter Editor &
Speaker Jep Enck who presented
Trends in Leadership



Sue Combe, Kate Stratton-Schulz,
Enette Larson-Meyer, Jep Enck, &
Mindy Meuli



Judy Barbe, WDA Media Rep. &
Leslie Bonci who presented Trends
in Nutrition Promotion & Messaging



Sue Combe, WDA Fundraising
Chair & Laura Hudspeth



Jean McLean, WDA Delegate

2009 – 2010 WDA Board of Directors

Paula Needles, President, PaulaN@ivinsonhospital.org
Heidi Gillette, President-Elect & WDA Website, gillettthm@ccmh.net
Ellen Burbank, Past President, eburbank@pvhc.org
Karla Case, Treasurer, kcase@natronacounty-wy.gov
Beth Kamber, Secretary, BethK@ivinsonhospital.org
Janice Smith, Past Secretary, jksmith96@me.com
Jean McLean, Delegate, jeamclean@myxmail.net
Chris Douglas, Council on Professional Issues, chris.douglas@health.wyo.gov
Leisann Paglia, Nominating Committee Chair, Media Rep, leisann.paglia@crmcwy.org
Star Morrison, Nominating Committee, star.morrison@health.wyo.gov
Katie Stratton-Schulz, Public Policy Rep, Nominating Committee, stratton katie@hotmail.com
Ann Hunter, Proxy, annhunter.rd@gmail.com
Judy Barbe, Media Representative, jbarbe@westerndairyassociation.org
Sue Combe, ADA/WDA Fundraising Chair, pcombe@tribscp.com
Sharon Crispin, Awards Committee Chair, rcsc@fiberpipe.net
Lori Ruess, Range Rider Editor, lori.ruess@health.wyo.gov
Laura Hudspeth, Range Rider Editor, laura.hudspeth@health.wyo.gov

**WDA 2009 Awards!!**

Congratulations to the following 2009 winners, announced at the June WDA meeting. Their names should appear in the September issue of the *Journal of the American Dietetic Association*.

Outstanding Dietitian of the Year - **Ann Hunter, RD**

Recognized Young Dietitian of the Year - **Loralee Ruess, RD**

Emerging Dietetic Leader - **Kate Stratton-Schulz, RD**

Outstanding Dietetic Student - **Amber D. Needham**

WDA FUNDRAISING!

The annual WDA Silent Auction was held Thursday night, June 4th at the Holiday Inn in Laramie in conjunction with the WDA business meeting, awards presentation, and dinner. In the course of about 2 **fun-filled** hours we raised **\$608** dollars for WDA. \$125 came from the on-site raffle of smaller items, \$443 was raised by the silent auction, and \$40 came that night from the new RD Recognition fundraiser. A summary of the recognitions are on the next page of this newsletter.

We are so pleased with the amount that was raised, because it was a small group of only 15-20 of us there at the dinner. All of the items sold and we had several bids on many items. I would like to **thank** the following WDA members for their generous donations of items for the silent auction and on-site raffle: Ann Hunter, Heidi Gillette, Janice Smith, Jean McLean, Paula Needles, Laura Hudspeth, Beth Kamber, Suzy Pelican, and Ellen Burbank.

And **a special thanks** to the following **friends of WDA** for their donation of items that sold that night: Paul Combe, Goodie 2 Shoes, Wyoming Beef Council, Laramie Holiday Inn, and Bald Mountain Outfitters.



Top left: Heidi Gillette, President-Elect, and Karolyn Christopher from Nebraska.

Top Right: Ann Hunter and Enette Larson-Meyer make bids during the silent auction.



A **big thank you** goes out to those of you who attended and shopped – many of you donated items and helped set up and helped through out the event. It was a lot of fun! we had 24 silent auction items and about 12 smaller, on-site raffle items.

As always, I would appreciate any feedback our WDA members have on this event and any suggestions on making it bigger and better next year would be welcome. If you have any thoughts or ideas on additional fundraising for our organization, please let me or any WDA board member know so we can discuss it at our board meetings.

Sue Combe, WDA Fundraising Chair





Special thanks & recognition were presented to WDA members through a fundraising endeavor that donated \$65 to the ADA foundation on behalf of WDA:

To all WDA members- from Ellen Burbank:

"Thanks for giving me the opportunity to serve as president... It has been a tremendous learning opportunity & it has been great to get to know so many of you!"

To Betty Holmes- from Beth Kamber:

"Thanks for all of your help with the WDA conference & your assistance with our diabetes clinic."

To Paula Needles- from Beth Kamber:

"Thank you for all of your hard work getting the WDA conference together..."

In Memory of Rosemary Anselmi- from Laura Hudspeth:

"A fabulous dietitian & friend who brought me to my first WDA meeting 23 years ago."

To Karen Polson- from Sharon Crispin:

"I know that she is a dedicated professional & in her work & daily life promotes nutrition and good health."

To Kathryn Redle- from Sharon Crispin:

"I would like to recognize Kathryn as an outstanding dietitian..."

To Mindy Meuli- From Paula Needles:

*"Thanks for being an awesome mentor. Your willingness to give of your time has greatly impacted my life and many other WDA Dietitians.
Thanks."*

In addition, the members of the annual conference planning committee each received recognition from Paula Needles for their assistance with the conference:

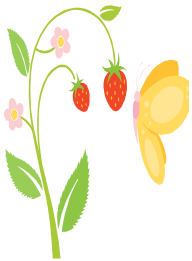
*Beth Kamber, Betty Holmes, Laura Hudspeth, Janice Smith & Sarah Francis.
Heidi Gillette also received special recognition from Paula.*



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**Report
from WDA
Delegate,
Jean
McLean**



The House of Delegates Leadership Team is soliciting the names of potential members to serve on the prevention of Childhood Obesity Coalition. Please submit the names of potential candidates to me by Monday August 17, 2009. The Coalition will determine an integrated action plan for all RDs/DTRs, ADA and ADA organizational units based on extensive input provided during the Spring 2009 Virtual HOD Meeting dialogue session on the prevention of childhood obesity. The action plan will include a tracking mechanism and evaluation component for measuring progress to prevent childhood obesity. The House of Delegates requests the coalition to reach out to all stakeholders. The action plan will be due no later than May 1, 2010. A report on progress will be submitted by the task force (or coalition) to the House of Delegates no later than May 1, 2011. The work of the coalition will be conducted by conference call.

The coalition will be composed of 5-7 ADA members with expertise in the area of childhood obesity and should represent various areas of dietetics practice. The commitment for serving on the coalition will be two years (ending on May 21, 2011).

Please contact me at jeamclean@myxmail.net as soon as possible with your name, telephone number, and e-mail contact information. I will submit your information to the Leadership Team. Someone from the House will then contact you to submit a copy of your CV. The appointed coalition will be announced in September. I'm looking forward to hearing from you, and I hope you're all having a great summer.

**Meet Chris Douglas, RD
Chair, Council on Professional Issues**

I am married to Don Douglas and am the mother of five sons, Dylan (20), Colby (17), Brant (16), Kegan (14), and Logan (12). We enjoy outdoor activities, sports, church activities, spending time with extended family, and simply being together. We moved to Cheyenne from Nebraska this past year as I accepted the Nutrition Coordinator/State Supervisor position with the Wyoming WIC Program.

WIC and all the people associated with this program are amazing.

My past work experience has included administrative and clinical dietetics in healthcare with emphasis on diabetes education and prevention. This past year, I started working on my Master's degree and was elected to serve on the board for the Wyoming Dietetic Association. I look forward to meeting the dietitians in Wyoming.

Go HUSKERS!

"We moved from Nebraska to Cheyenne this last year... I look forward to meeting the dietitians in Wyoming"



MEMBERSHIP FEEDBACK!!

The WDA Board of Directors will be conducting a telephone survey during the months of August and September. The information gathered will help the Board to determine membership expectations and future plans for WDA.

Thank you in advance for your valuable input. Please contact Paula Needles at PaulaN@ivinsonhospital.org if you have any questions.



WDA is on the WEB!!

www.wyomingdieteticassociation.com

Website contact: Heidi Gillette: gilletthm@ccmh.net

WDA wants to hear from you!!! Please e-mail photos, interesting articles, best practices, etc. to Laura or Lori for the Fall edition of the Range Rider. Thanks in advance for support of YOUR WDA newsletter!

laura.hudspeth@health.wyo.gov lori.ruess@health.wyo.gov

