



### *Message from the President*

The WDA Annual Meeting was held on May 2<sup>nd</sup> in Laramie immediately following the Chronic Disease Conference. At this meeting, we had the opportunity to view Leisann Paglia's presentation on Dietetic Licensing. As you all know, all RDs practicing in the State of Wyoming (who don't fall under the exemptions) must be licensed before July 1, 2012. I strongly encourage all of you to visit the professional Licensing Boards website (if you haven't done so already) at <http://plboards.state.wy.us/> to complete that process. Don't wait until the last minute, as it takes time to process the documentation.

Also at the Annual Meeting, the new 2012-2013 WDA Board Members were recognized: Barb Buyske as President-Elect, Kate Stratton-Schulz as Treasurer, Cheryl Gray as Delegate, and Marguerite Jackson as a new member of the Nominating Committee. Congratulations to these ladies and a big thank-you for agreeing to serve on the board!

A few months back, a survey was sent out through Survey Monkey that was available to all WDA members regarding whether or not we should change our name to Wyoming Academy of Nutrition and Dietetics (WAND). The majority of respondents indicated that they would like to have the name changed. The Board Members will make a decision at the Fall board meeting and will let you all know once the decision is made.

Our goal this year is to increase membership and improve communication and involvement among the members. I will be serving one more year as the WDA President, so please feel free to contact me at [kcase@natronacounty-wy.gov](mailto:kcase@natronacounty-wy.gov) with any ideas you might have, or any comments or questions that come up.

Thank you!

*Karla Case, RD*

## *WDA Range Rider Spring/Summer 2012*

### *In This Edition*

- *Message from the President*
- *New 2012-2013 Board of Directors*
- *Board Meeting Minutes*
- *Election Results*
- *Congratulations & Thanks*
- *Welcome New WDA Members*
- *Let's Celebrate...*
- *Wyoming Licensure Update*
- *Anna Marie Moser – 50 years*
- *In Memory of Margaret Boyd*
- *Letter to the Editor*



## 2012-2013 Board of Directors

- **President:**
  - **Karla Case** - [kcase@natronacounty-wy.gov](mailto:kcase@natronacounty-wy.gov)
- **President Elect:**
  - **Barb Buyske** - [barbara.buyske@wyo.gov](mailto:barbara.buyske@wyo.gov)
- **Treasurer:**
  - **Katie Stratton-Schulz** - [stratton\\_katie@hotmail.com](mailto:stratton_katie@hotmail.com)
- **Secretary:**
  - **Joan Franklin** - [joan.franklin@wyo.gov](mailto:joan.franklin@wyo.gov)
- **Delegate:**
  - **Cheryl Gray** - [cherylgray\\_22@msn.com](mailto:cherylgray_22@msn.com)
- **Counsel on Professional Issues:**
  - **Ann Hunter** - [annhunter.rd@gmail.com](mailto:annhunter.rd@gmail.com)
- **Nominating Committee Chair:**
  - **Debbie Collins** - [debbie.collins@bannerhealth.com](mailto:debbie.collins@bannerhealth.com)
- **Nominating Committee:** Marguerite Jackson, Cheryl Gray
- **Public/State Policy Representative:**
  - **Katie Stratton-Schulz** - [stratton\\_katie@hotmail.com](mailto:stratton_katie@hotmail.com)
- **Membership Chair:**
  - **Jamie Wilder** - [jwilderuw2010@gmail.com](mailto:jwilderuw2010@gmail.com)
- **Media Representative:**
  - **Leisann Paglia** - [leisann.paglia@crmcwy.org](mailto:leisann.paglia@crmcwy.org)
  - **Judy Barbe** - [jbarbe@westerndairyassociation.org](mailto:jbarbe@westerndairyassociation.org)
- **ADA/WDA Fundraising Chair:**
  - **Sue Combe** - [susan.combe@wyo.gov](mailto:susan.combe@wyo.gov)
- **Awards Committee Chair:**
  - **Sharon Crispin** - [rcsc@fiberpipe.net](mailto:rcsc@fiberpipe.net)
- **WDA Range Rider Editor and Website Coordinator:**
  - **Paula Eskam** - [paulae@bresnan.net](mailto:paulae@bresnan.net)



**Thank You to the Outgoing Board Members for your Service**

**Mindy Meuli      Chris Douglas      Jean McLean**  
**Star Morrison      Heidi Gillette**



## ***WDA Board Meeting Minutes***

April 30, 2012

### **Welcome – *Karla Case***

Meeting called to order at 6:00pm

**Attendance:** Paula Eskam, Barbara Buyske, Chris Douglas, Karla Case, Cheryl Gray, Debbie Collins, Mindy Meuli, Kate Stratton-Schulz, Joan Franklin, Jamie Wilder, Leisann Paglia

**Absent:** Sharon Crispin, Heidi Gillette, Sue Combe, Marguerite Jackson, Jean McLean

### **Approval of Agenda**

### **Approval of Past Minutes of January 20, 2012 as amended.**

Mindy Meuli moved to approve the agenda; Katie Stratton-Schulz seconded the motion. Motion passed.

### **Board Member Reports**

- **President's Report– *Karla Case***
  - The member list has been updated. *Principles of Affiliation* have been approved.
  - Bylaws do not need to be changed
  - The chair positions are back on track
- **President Elect – Barbara Buyske – newly appointed to this position. Thank you Barb.**
- **Past President's Report – *Heidi Gillette***
  - Via email: Nothing new to report, just a thank you to everyone for their hard work and allowing me to serve on the board.
- **Secretary's Report – *Joan Franklin***
  - All emails forwarded as requested
  - Board election results emailed
- **Treasurer's Report – *Mindy Meuli***
  - Savings Balance \$9252.20
  - Checking Balance \$4261.51
  - Total Assets including CD's \$57,704.87
  - The budget was reviewed and \$48 for survey money was taken out of operational budget
- **Delegate's Report – *Jean McLean***
  - Via email: April 26 and 27 were the dates for the Spring HOD meeting. The subject was a little different this time. Usually we study two mega issues over two days. However this time we spent all meeting time on the topic of Dietetics Career Development. The title of the topic was Continuum of Professional Preparation and Growth. The discussion included the RD and DTR career pathways to various levels of expertise. The initial level is the Novice phase which is the Coordinated Program or Didactic Educational Program for RDs and the Dietetic Technician Program for the DTR pathway. The levels advance through the Beginner phase (e.g., internship), Competent phase (first three years of practice after registration), Proficient phase (more advanced operational skills, possible specialty credentials), Advanced practice phase, and Expert phase.



### ***WDA Board Meeting Minutes***

We were assigned a visioning project to determine what practices, working conditions, and opportunities prevail today and what conditions may exist in 2020 (especially if we stay status quo as a profession. All was very interesting and pertinent to dietetics practitioners. I was unable to attend most of day 2 due to illness. I will review all study results and vote on the language of the proposal developed by the House Leadership Team that will be presented as an action item to the Board. Karla, I will notify you of those results when available. Finally, let me say how much I appreciate the opportunity I have had since 2006 to serve in the capacity of Delegate for the Wyoming Dietetic Association.

Respectfully submitted, Jean McLean, RD

- **Public Policy Report /Licensure Committee** – *Katie Stratton-Schulz*
  - Congress has been asked to consider obesity counseling by Registered Dietitians. Contact you elected officials to make your voice heard. As alerts are available, they will be forwarded.
- **Council on Professional Issues Report** – *Chris Douglas*
  - On May 7-9, 2012, the Centers for Disease Control and Prevention Division of Nutrition, Physical Activity and Obesity, will host *Weight of the Nation™*, at the Omni Shoreham Hotel, Washington, D.C. Planning for the 2012 conference is being done by CDC with members of the planning committee.
  - Ann Hunter will take over in this position on June 1<sup>st</sup>.
- **Awards Chair Report** – *Sharon Crispin*
  - The WDA Awards Ballot was distributed to the members with the officers' ballot, thanks to the nominating committee. The award plaques were prepared and will be presented at the annual WDA meeting on May 2nd. The ADA Award Data Sheets have been forwarded to ADA for the winners. The names of the winners should appear in the September issue of the Journal of the Academy of Nutrition and Dietetics. Thanks to the members who submitted nominations.
- **ADA/WDA Fundraising Chair Report** – *Sue Combe*
  - Fundraising efforts will not occur during the Chronic Disease Conference since it is not a WDA conference.
- **Nominating Committee Chair Report** – *Debbie Collins*
  - The bylaws indicate the board member elections go to March 1<sup>st</sup> instead of the end of February. This increases the cost of survey monkey.
- **Media Report** – *Judy Barbe and Leisann Paglia*
  - During National Nutrition Month, the PSA's recommended by AND (formerly ADA) were utilized.



### *WDA Board Meeting Minutes*

- **Range Rider – Paula Eskam**
  - Range Rider: The Winter 2011/2012 edition of the Range Rider was brought to us by Guest Editors Sarah Downs and Megan Sexton. The next Range Rider will be published in early June. Please submit any information you would like included by May 31st. I will be including the board meeting and business meeting minutes, WDA election results, any information on RD licensure and acknowledging Margaret Boyd who recently passed away and Anna Marie Moser for being a 50 year member. Jamie Wilder is going to provide a “Spotlight section” on a couple new WDA members.
  - Website: I will be updating the membership contact list based on the DMIS list and include the most recent Range Rider editions. I’m still planning to add a page for Past Elected Board Members and WDA Award Recipients.
  - Logo: If needed, I would be glad to help with modifying our WDA logo or help develop a new one.
- **Membership Report - Jamie Wilder**
  - Three potential new members. Emails sent to them.
  - There is a new e-mentoring process through AND.
  - Socials for Success get students involved
- **Licensure Report – Mindy and Leisann presented the information related to licensure.**
  - All registered dietitians working in the state must be licensed by July 1, 2012.
  - The License is \$200 for two years. There will be a formal presentation during the business meeting on Wednesday May 2, 2012.
- **Old Business**
  - Strategic planning is now delayed and perhaps the 2006 plan will be revised via conference call and sent out to the members to read and comment.
- **New Business**
  - Discussed membership survey results which indicated the WDA members were in favor of changing our name to Wyoming Academy of Nutrition and Dietetics (WAND). Perhaps a new logo is in order.

Meeting adjourned at 7:42pm

Respectfully submitted

Joan Franklin, Secretary



## ***Elections Results!***

### **Wyoming WDA Board Results**

- President Elect- Barbara Buyske
- Treasurer- Kate Stratton-Schulz
- Delegate- Cheryl Gray
- Nominating Committee- Marguerite Jackson



### **WDA Awards**

- Outstanding Dietitian of the Year – Kate Stratton-Schulz
- Recognized Young Dietitian of the Year- Jamie Wilder
- Recognized Dietetic Technician- Sarah Downs
- Outstanding Dietetic Student- Sophie Pettipiece

### **Wyoming Dietetic Association Scholarship Recipient**

Callie Neelands is this year's Wyoming Dietetic Association scholarship recipient.

She is a senior in dietetics and minoring in psychology. Her goal is to become a registered dietitian and has a specific interest in eating disorders and pediatrics. She is a member of the SDA, Phi Upsilon Omicron and CHAPS. She is currently serving as the Academy of Nutrition and Dietetics Student Liaison for UW. She was awarded the scholarship at the UW Family and Consumer Sciences banquet on April 12<sup>th</sup>.



# ***Congratulations!***



## *Welcome New WDA Member*

Sally Baughman, MEd, RD, LD has recently joined WDA and has been approved for licensure in Wyoming. Sally has started a private practice in Jackson, offering company wellness programming, individual fitness and nutrition counseling, and coaching for endurance events such as triathlons. Sally has been a Registered Dietitian and Exercise Physiologist since 1995, and retired from a career in healthcare administration in New England, prior to moving to the Jackson area. Sally looks forward to meeting other RDs in the state, and sharing her expertise with her peers. Sally can be reached at SallyBaughmanRD@yahoo.com (307)413-6824 [www.SallyBaughman.com](http://www.SallyBaughman.com)

## *Welcome Wyoming's Newest DTRs*

Welcome Sarah Downs and Anne Schrinier, Wyoming's Newest DTRs. Sarah Downs currently works at Iverson Memorial Hospital in Laramie as a DTR. She will be starting her Dietetic Internship in August outside of Chicago, IL. Anne Schrinier is a DTR at Spring Winds Assisted Living in Laramie.



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### *Special Congratulations....*

*The RDs at Iverson Memorial Hospital  
are proud of our  
past Dietetic Interns  
Katie Stratton-Schulz and  
Jamie Wilder and  
current employee Sarah Downs for  
recently being recognized by  
the WDA members  
as the recipients of the  
2012 WDA Annual Awards.*

*Thanks for being exemplary  
WDA Members.  
Great Job!*

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*Let's Celebrate...  
WDA Members Accomplishments.  
Send acknowledgements of recent  
awards, registrations,  
certifications, job promotions etc.  
to the WDA Range Rider  
[paulae@bresnan.net](mailto:paulae@bresnan.net)*



## ***Wyoming Licensure Update***

All RD's practicing in the State of Wyoming (who don't fall under the exemptions of Rules & Regulations) must be licensed **before July 1, 2012**.

Visit the Professional Licensing Boards Website at:

<http://plboards.state.wy.us/>

Click on Board of Dietetics/Application Instruction and Forms



### **The Dietetics Licensing Board Members:**

**Mindy Meuli – Chair**

Dietitian – Laramie, WY

**Leisann Paglia,**

Dietitian – Cheyenne, WY

**Anne Saunders**

Public Member- Douglas, WY

Additional information is located on the WDA Website

[www.wyomingdieteticassociation.com](http://www.wyomingdieteticassociation.com)

under RD Licensure.

## ***Anna Marie Moser***

**Celebrates 50 Years of Membership with the Academy of Nutrition and Dietetics**

**Work History:** In 1953 I graduated from St. Mary's Academy in O'Neill, Nebr- and at that time had joined the Sisters of St. Francis in Denver- then attended Regis College for a couple years. From there I went to work on the Pineridge Indian reservation in South Dakota for a while, then on to some hands on experience working in the hospital kitchen in Alliance, Nebraska. In 1958-59 I headed to St Mary College in Leavenworth, Kansas where I received my BS in Nutrition finishing in May of 1961. From there on to St. Mary's in Rochester, Minn for my internship finishing that with honors.

In July of 1962 I started my dietetic work at the then St Mary Hospital in Scottsbluff, Nebr where I worked until 1972 when I left the convent. During my time in Scottsbluff I consulted with several hospitals and a nursing home, taught Practical Nurses. While there the Meals on Wheels program was started- and actually several ladies from Casper came to visit us and then started the program here.

In May of 1972 I made the move to Casper and started working at Wyoming Medical Center as Production Dietitian which I did until 1992 changing to the Clinical position which I've done since that time. This was a wonderful move and has been most rewarding. During this time I've met so many wonderful people from around the state.

From 1972- 1979 I did continue to do some consulting work here in Wyoming. It was during this time that I served as WDA Secretary, Treasurer, Vice-president and President being President in 1978-79 I believe. The highlight of my work experience was receiving the 2005 WDA Outstanding Dietitian Award and in 2008 the WMC Health Care Professional Award for Outstanding Practice.

In closing I would say doing what I still really enjoy doing has been most rewarding and to all of you thank you for your help along the way and for your friendship through the years.

*Thank You*

***Thank you Anna Marie Moser for your dedication and contributions to the Dietetics Profession.***



### ***Letter to the Editor of The Range Rider***

Dear Paula, as an RD newly licensed in Wyoming, I want to thank all those members and legislators who put the time and strong effort into helping pass the legislation to allow us to be Licensed Dietitians in Wyoming. I have been licensed in two other states, and can only stress to all of the WDA membership how important it is to all of us, and the people of the great state of Wyoming, to have this level of licensure available. It proves the outstanding credentials of those of us in this field, and as time progresses more and more people will understand, and come to value, the meaning of Licensed Dietitian. I look forward to meeting other LDs in the future.

Stay well,  
Sally Baughman, Med, RD, LD

The WDA Range Rider is published  
3 times a year.

Fall, Winter, Spring/Summer  
To read past editions of the Range Rider, visit  
the WDA Website at  
[www.wyomingdieteticassociation.com](http://www.wyomingdieteticassociation.com).

Go to the member section.  
The password is eatwyo and press the login  
button.

Please submit information that you would like  
to have included in the next Range Rider to  
Paula Eskam  
[paulae@bresnan.net](mailto:paulae@bresnan.net)

### ***In Memory of Margaret S. Boyd***

Margaret S. Boyd, 83, Laramie, died Wednesday, April 11, 2012, at her home. She was born June 20, 1928, in Greeley, Colo.

After graduating from Greeley High School, she earned a bachelor's degree at Colorado State University with a major in food and nutrition.

Following a one year dietetic internship at Grasslands Hospital in Valhalla, N.Y. and four years as clinical dietitian at Denver Presbyterian Hospital, she returned to Colorado A & M and obtained a Master of Science degree in dietetics in 1956. She joined the University of Wyoming faculty that year and taught undergraduate and graduate courses in food and nutrition until retiring as Professor Emeritus in 1984. During this interval she supervised graduate student research and coordinated the dietetic internship program.

For 10 of these years, she was head of the Home Economics Department (now Family and Consumer Sciences). She was the Mortar Board Outstanding Woman Faculty Member for 1970 and co-recipient of the University of Wyoming Award of Merit in 1993.

Throughout her professional career, she was active at both national and state levels in the American Dietetic Association. Her collaboration with colleagues in the Wyoming Extension Service resulted in publication of the book "Baking at High Altitude."

After she retired, she maintained her membership in ADA and continued educating students. Despite ill health, Margaret maintained a bulletin board with nutritional information in the Family and Consumer sciences department at UW. She supported WDA by contributing to various causes and setting up a scholarship for dietetic students.

***With Deepest Sympathy***

***Have a Great Summer!***

