January, 2009 Volume 1, Issue 1

Range Rider

Call for Nominations!!

 WDA Officers and WDA Awards

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Wyoming Dietetic Association

Call for Nominations 2009

President-Elect

The President-Elect will serve for one [1] year, and at the end of this term, will assume the office of President. The President-Elect will: support the President in leading the Association towards its strategic direction and values; serve as a member of the Board of Directors; present a written proposal for the strategic plan and budget for term as President for approval by the Board; and perform the functions of the office of President in the absence or disability of the President; serve as General Chair for the annual education meeting; appoint chairs of all committees to serve during the President-elect's term as President.

<u>Secretary</u>

The Secretary will serve a two [2] year term. The Secretary will: serve as a member of the Board of Directors; supervise the recording and distribution of minutes of all Association meetings, issue the Association's official ballots and notify candidates and membership of election results; formulate and audit the financial records by WDA.

Delegate

Each delegate will serve for a three [3] year term and may be re-elected. The Delegate will: serve as a member of the Board of Directors, represent and act on behalf of this association at all meetings of the House of Delegates of the ADA; communicate all business and current issues of the House of Delegates to and from the Board of Directors and the membership; and communicate pertinent professional and practice issues to the Association.

Call for Nominations 2009

<u>Chair-Council on Professional Issues</u>

The Chair of the Council on Professional Issues will serve a two (2) year term. The Chair of the Council on Professional Issues will coordinate and monitor Council on Professional Issues activities; advise the Board on Quality Assurance issues; facilitate the development of Standards of Practice; maintain membership in at least three (3) ADA Dietetic Practice Groups (DPG) and [provide a report of selected DPG activities to members via the Range Rider newsletter.

Nominating Committee (2 positions open this year)

The Nominating Committee will consist of three (3) members. The member receiving the highest number of votes cast by members voting during the annual election will serve as chair. The immediate past president will be an ex-officio member. The members of this committee will serve two (2) year terms with staggered terms so that two members are elected in odd years and one elected in even years. Duties include designation annually, or as otherwise specified the candidates for office as indicated in Article IX, Nominations and Elections.

Request Nominations for 2009 WDA Awards!

Nominations for 2009 WDA Awards which include Outstanding Dietitian of the Year, Recognized Young Dietitian of the Year, Emerging Dietetic Leader, and Recognized Dietetic Technician of the Year are being requested by the WDA Awards Chair. Please have your nominations to Sharon Crispin by January 10, 2009. If you would like a copy of the Criteria for the awards, contact Sharon Crispin at 307-673-1948 or e-mail at crispin@vcn.com.

The names of the previous winners can be found in the front of your WDA 2008 membership Directory.

SAVE THE DATE! June 4 – 5, 2009 WDA Annual Conference



WDA Annual Conference Trends in Nutrition June 4 – 5, 2009 Laramie, WY

Contact: Paula Needles 307.742.2142 ext 6658

paulan@ivinsonhospital.org

New Book Published & Prize Awarded

Mary Ryan MS, RD was awarded a prize from the Ben Franklin Institute for her eating disorders conference. She has also just had a book published! She wrote a book for the National Outdoor Leadership School (NOLS) called NOLS Backcountry Nutrition: Eating Beyond the Basics and it was published last week by Stackpole Books. This project is the culmination of her work with NOLS over the past several years, beginning with an internship while she was in graduate school at the University of Utah.

In addition to her private nutrition counseling

practice, Mary consults to a local grocery store and is also currently consulting with a wilderness therapy program for at-risk adolescent girls called New Horizons (based in northern Maine). She's hopeful her book will lead to more opportunities to combine her knowledge and experience about the outdoors and sports nutrition with her clinical experience dealing with a wide range of dysfunctional and disordered eating issues.

Mary has a private practice in Jackson, "Beyond Broccoli Nutrition Counseling".

"This project is the culmination of her work with NOLS over the past several years."

New community Programs in Carbon and Albany Counties

Sarah Francis, PhD, MHS, RD, is busy implementing programming that addresses the needs and preferences of her community (Carbon and Albany counties). Some up and coming programs include Strong People Stay Young (strength training), developing a heart healthy eating program, and planning to give a Serve Safe class.

"Nutrition Nibbles recently won the western region newsletter award..."

In addition to these in-person programs, Sarah is busy writing her nutrition newsletter, *Nutrition Nibbles*, which is helping readers make lasting dietary changes (82% survey respondents).

Nutrition Nibbles recently won the western region newsletter award from the National Extension Association of Family and Consumer Science.

Sylvia Moore, PhD, RD, recently moved to Montana and will be greatly missed by WDA. This following article was published in the Second Quarter 2008 newsletter for the Wyoming Area Health Education Center. *Best Wishes, Sylvia!!*

THE MOORE THINGS CHANGE

Sylvia Moore, RD, PhD, will be leaving these hallowed halls after 11 years as the Director of WWAMI Medical Education. She is also responsible for creating the first-year medical education program which began at UW in the fall of 1997. During her tenure at WWAMI Medical Education Sylvia has; welcomed 135 first year medical students; seen her "doc-lings" through 3 site re-locations before settling into Health Sciences; hiked students over some 50 miles of Wyoming terrain; taken some 100 trips to/from/through/up and around Seattle for meetings, graduations, conferences, and hoodings; managed approximately 60 faculty members; raced through 3 WWAMI vehicles; caught over 384 dangling prepositions; developed 18 RUOP sites; and attended 11 white coat ceremonies for students at the conclusion of their 1st year.

In her down time Sylvia has been the Director of AHEC, served on over 18 University Committees; published many interviews, served on Editorial Boards, was a leading force in the development and implementation of WIN the Rockies; was a founding member of Wyoming Action for Healthy Kids; managed grants, and was an active member of many professional organizations. She also likes to sing along to the oldies, and kept the most organized desk on campus.

So, what's next for Sylvia Moore? Not one to let the moss grow underfoot, Sylvia has accepted a position with the Montana University System as the Deputy Commissioner of Academic and Student Affairs. She will begin work at her new position in mid September.

Thank you Sylvia for a job so well done. We wish you *Happy Trails* and rigorous hiking in Big Sky Country!

Update on the House of Delegates - Working for Members

Submitted by Jean McLean

The House of Delegates met in Chicago on October 24-25, 2008 to conduct its 80th Meeting. The HOD discussed the following issues: 1) Nutrition Informatics; 2) Draft Revised Code of Ethics for the Profession of Dietetics; 3) Identifying Mega Issues; and, 4) Nutritional Genomics. Reports on the current activities of the Association, the financial status of the ADA and the initiatives of the ADA Foundation were provided.

NUTRITION INFORMATICS

Based on the dialogue session conducted in October, the HOD will refine and prioritize the ideas and strategies identified by delegates and meeting participants. This step will occur during December 2008. The results of these additional steps will be shared with all ADA organizational units in January 2009. In addition, the Speaker will request all ADA members to increase and/or enhance personal knowledge and application of nutrition informatics in all practice settings.

DRAFT REVISED CODE OF ETHICS FOR THE PROFESSION OF DIETETICS

The ADA/CDR Code of Ethics Task Force revised the Code of Ethics for the Profession of Dietetics. This revised document was presented to the House of Delegates during its meeting. At this time, all ADA members and CDR credentialed practitioners are requested to provide input on the draft revised Code of Ethics from October 24, 2008-January 23, 2009. Input can be provided to the draft document by using the following link: www.surveymonkey.com/Practitioner. Based on the input, the Code of Ethics Task Force will revise the draft document and submit it to the House of Delegates, Board of Directors and Commission on Dietetic Registration for final approval in April and May 2009. The document will be finalized for publication in August 2009 *Journal*, if all organizational units approve it.

IDENTIFYING MEGA ISSUES

During the HOD Meeting, delegates and meeting participants identified and discussed issues to be placed on the Mega Issues list. The Mega Issues list is utilized for determining future discussion topics for the HOD. During December 2008 and January 2009, delegates will prioritize and refine this list of issues. In addition, delegates will be able to solicit additional issues for consideration from members.

NUTRITIONAL GENOMICS

As a result of the dialogue session, the House of Delegates will request the ADA Board of Directors to consider identifying nutritional genomics as a top priority for the Association. In addition, All ADA committees/task forces, Council on Future Practice, CADE and CDR are requested to evaluate the gaps identified by HOD during the meeting and determine first steps for addressing them. Plans for addressing the gaps will be submitted to HOD by fall 2009. And, finally, the Speaker requests ADA members to develop personal goals for increasing knowledge and understanding of nutritional genomics in order to begin preparing for the future. The HOD will conduct another dialogue on this topic by 2010 or 2011.

House of Delegates Continued

ADA Bylaws Amendments

Thank you to members who responded to the request for input on two ADA Bylaws amendments. The HOD took action on these two amendments following the Fall Meeting. *Commission on Dietetic Registration Mission and Vision Statements:* The House of Delegates approved the revised mission and vision statements for CDR. The Commission on Dietetic Registration and ADA membership will be notified of the outcome of the vote. The ADA Bylaws have been revised to reflect the amendment and can be found on the ADA Web site at www.eatright.org/ada/files/Complete_Bylaws_November_08.pdf.

Inclusion of Member Interest Groups: The House of Delegates approved the inclusion of a new section in the ADA Bylaws to recognize the Member Interest Groups. The ADA membership and chairs of the MIGs will be notified of the outcome of the vote. The ADA Bylaws have been revised and are available on the ADA Web site.

WILL THE HOUSE OF DELEGATES BE MEETING IN SPRING 2009?

As you are aware, ADA posted several messages prior to FNCE 2008 and the Fall HOD Meeting regarding the economic conditions we are all facing. The HOD Leadership Team (HLT) discussed potential cost cutting measures for the Association and agreed that it would be beneficial for the Association to conduct the Spring 2009 Meeting via electronic methods. This action would reduce ADA's expenses related to transportation, housing, per diem, foodservice, audiovisual and printing. The estimated amount of the saving by restructuring the meeting is \$100,000.

The Board of Directors did take action to reduce expenses by eliminating the costs associated with a Spring HOD face-to-face meeting, along with most other face-to-face meetings, such as the Public Policy Workshop. The HLT will be discussing how the HOD can conduct business electronically in spring 2009. Watch for more information on this electronic meeting in January 2009.

If you have any questions or concerns about HOD issues or the voting results, please call me at 307-777-7123 (days) or e-mail me at work at jean.mclean@health.wyo.gov or at home at jean.mclean@health.wyo.gov or at home at jeamclean@myxmail.net.

WDA is on the Web!!!! http://www.wyomingdieteticassociation.com/

Please send information for the next edition of the Range Rider by March 15th, 2009 to:
Lori Ruess at Lori.Ruess@health.wyo.gov or Laura Hudspeth at
Laura.Hudspeth@health.wyo.gov

WDA wants to hear from you!!!