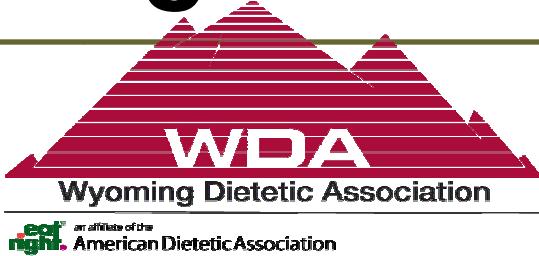


April 2009
Volume 1, Issue 2

Range Rider



In this issue:

- Annual Conference Registration and Agenda
- Call for Posters
- Fundraisers!! WDA Conference Silent Auction and Recognizing RDs

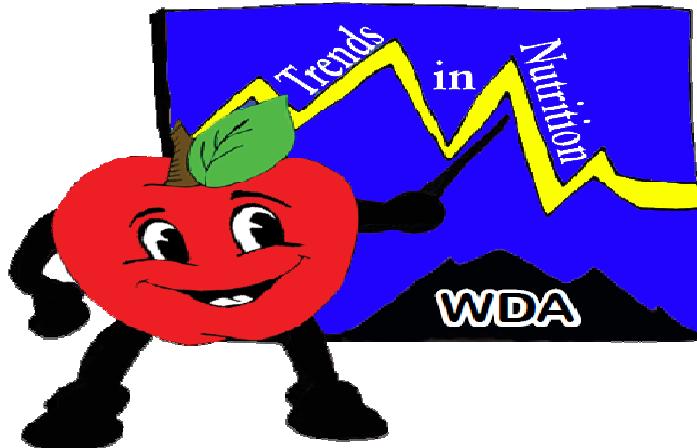
Register Now!!

2009 Annual WDA Conference Trends in Nutrition

**June 4 – 5
Laramie, WY**

Other Highlights:

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Conference Agenda and Registration Form are located at the back of this newsletter and can also be found on the WDA web site:
<http://www.wyomingdieteticassociation.com/>

Call for Posters: WDA Annual Conference



Interested in presenting a poster at the 2009 WDA Annual Conference?

Please contact: Paula Needles, RD
307.742.2142 ext 6658

paulan@ivinsonhospital.org

BACK BY POPULAR DEMAND!!

The WDA Annual Silent Auction Fundraiser at the WDA Annual Meeting June 4th - June 5th in Laramie



Last year we raised over \$2,400 dollars at this event in Jackson thanks to the kindness and generosity of our members, friends, and businesses across the great state of Wyoming. All donations welcome - gift baskets, gift certificates, artwork, "made-in-Wyoming" products, professional materials and tools, crafts (my husband is still thrilled with what has hand-tied flies brought in last year).

Contact Sue Combe at pcombe@bresnan.net or 307.237.5964 (home) or 307.265.6408 (work) with any questions or ideas.

Watch your e-mail for more to come on this fun and lucrative event for our association. - Sue Combe, WDA Fundraising Chair

Meet the RD'S

Karla Case:

For the past 3 years, I have worked for the University of Wyoming Cooperative Extension Service. My title is Cent\$ible Nutrition Program Coordinator / Nutrition & Food Safety Educator, which means my job is two-fold. I supervise the CNP educators in Natrona County and oversee the program, which teaches low-income families how to eat more nutritiously for less money.

The other half of my job involves teaching UW Extension programs, including *A New You, Steps to A New You, Dining with Diabetes, Strong Women Strong Bones, WIN Steps, and Going for the Gold*. I also teach one-time nutrition presentations at various locations throughout the community including: Wyoming Medical Center, Casper College, Health Conferences and the Blue Envelope Health Fair.

- Submitted by Karla Case, RD



A crock pot full of knowledge

Becky Salisbury:

Becky Salisbury is a Registered Dietitian, new to the state of Wyoming. She and her husband moved to Cheyenne from Lansing, MI, in March 2008 (yes, by choice)! She received her Bachelor's of Science in Dietetics from Michigan State University in May 2006, and completed her dietetic internship in May 2007 from St Joseph College in West Hartford, CT.

She currently works at Life Care Center of Cheyenne, and as Project Director for Wyoming Team Nutrition. Becky is also involved in Wyoming's Action for Healthy Kids. She looks forward to getting involved in the Wyoming Dietetic Association and meeting new faces!

- Submitted by Becky Salisbury, RD

Becky is an alumna of Michigan State University and, "...looks forward to getting involved in the Wyoming Dietetic Association..."

Announcement of \$5 Donation for Recognition of Fellow RDs

We all work with outstanding dietitians who demonstrate their commitment to the RD profession every day by promoting enhanced nutrition and health.



Recognize a fellow dietitian for a job well done, awards/honors they have received, appreciation for work they have done in promoting our profession etc. by donating \$5.00 per recognition which would go towards supporting the ADA Foundation.

Each \$5.00 recognition:

- will be featured in the Summer Edition of the Range Rider, also displayed at the annual conference
- a recognition letter from the WDA President to the recipient, acknowledging their recognition and that a contribution has been made to the ADA foundation

Write your words of recognition on a note card and mail a \$5.00 check to Karla Case – WDA Treasurer, 1922 Omaha Trail, Bar Nunn, WY 82601

May 1st until WDA Annual Conference June 4th and 5th

Questions? Please contact Sue Combe, ADA/WDA Fundraising Chair, at pcombe@bresnan.net or call her at: 307.237.5964 (home) or 307.265.6408 (work).

Registered Dietitian Day - March 11, 2009

*Thank you Leisann Paglia,
RD, CNSD, for sending
advertisements for
Registered Dietitian Day
to the Cheyenne and
Casper newspapers!*

**Thank You to the Registered Dietitians
in Wyoming for your contributions to our
State.**

**Congratulations
on recognized RD Day!**

The Wyoming Dietetic Association

Memories from the Shaping A Healthy Future IV Conference



Mindy Meuli welcoming attendees



Martha Marino-speaker on Family Meals, and WDA members Judy Barbe & Carolyn Benepe



Dan Burden- Talking about Walkable Communities



Brian Wansink-speaker on mindfull eating

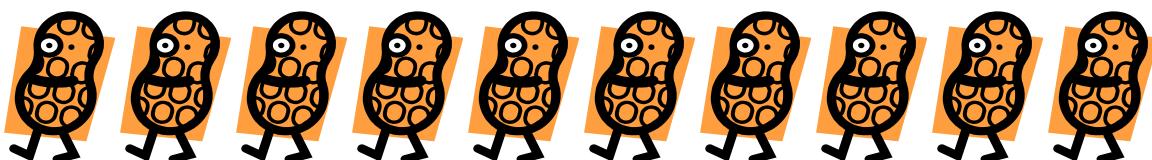
Thank you Mindy Meuli, MS, RD, CDE, for sending photos of the speakers and WDA members!

FDA Warning Issued to Nursing Homes for Recalled Food Products Containing Peanuts

The FDA and Centers for Disease Control and Prevention (CDC) have received reports of deaths of elderly nursing home residents who had underlying health conditions and had consumed recalled food products containing peanuts contaminated by *Salmonella*.

The FDA is issuing a warning to nursing home and other long-term care facility administrators, owners, and food managers to ensure they are aware of the dangers of their residents eating recalled food products, and urging them to check their institutional supply of peanut butter and other products containing peanut ingredients for food items that may be affected by the recent voluntary recalls.

FDA offers a searchable database of recalled products and urges personnel at nursing homes and other long-term care facilities to continue to check it often, as more recalls are added, by visiting
<http://www.accessdata.fda.gov/scripts/peanutbutterrecall/index.cfm>





To the Wyoming Dietetic Association:

I wish to send my sincere thanks to the WDA for their generosity in establishing the Wyoming Dietetic Association Scholarship for dietetic students at the University of Wyoming. I am delighted to accept this money for the 2008-2009 school year, and am very appreciative of your generosity. Thank you once again!

Sincerely,
Amber Needham

Delegate's Update

-Submitted by Jean McLean, RD

The House of Delegates is preparing for its first ever virtual meeting. We have had meetings to bring us up to speed with the technical side of things. But real success will depend upon everyone making a real effort to participate by sending in their pictures and completing their own personal slide, as well as chatting with one another to get some experience with that type of communication. ADA has been very supportive in addressing the technical needs and the training required to make this work.

I can actually imagine a time when only the most important meetings will justify the expense associated with a face-to-face meeting. I think the technical aspects of doing live meetings will become easier to use. We will just get used to doing business that way. It seems to me this is something WDA should explore for board meetings and committee meetings, given the great distances we have to travel to meet face-to-face, not to mention the weather and nasty roads we often have to negotiate.

The things we will be dealing with at the Spring meeting include the following “Mega Issue” questions:

- What can RDs/DTRs do to prevent childhood obesity?
- Recommendations exist on how to combat childhood obesity. Despite knowing what needs to be done, why hasn't it been universally successful?
- How can RDs/DTRs best collaborate with policy makers, school personnel, health care providers, families and the community to effectively prevent childhood obesity?

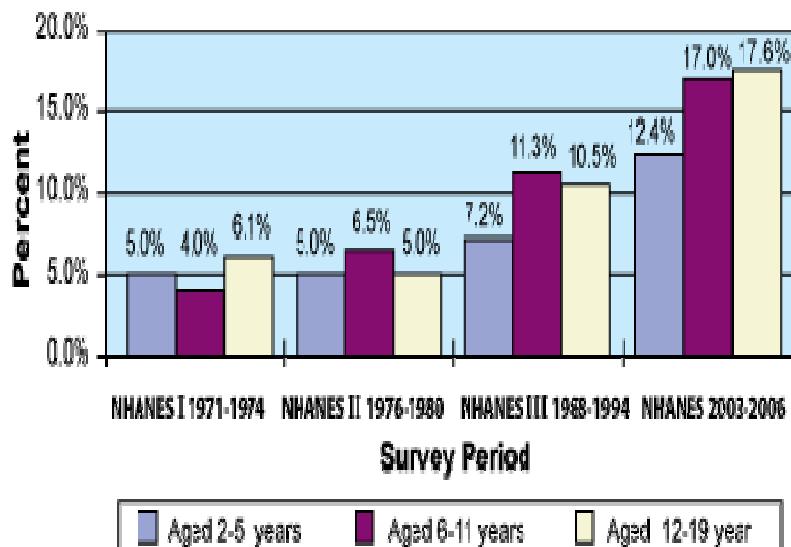
By addressing this issue the House hopes to gain an understanding the current trends and cultural values related to the prevalence of childhood obesity in the US and to become aware of the current programs and resources addressing the prevention of childhood obesity.

Continued on Page 7

Delegate's Update Continued

ADA understands that any successful intervention will require a combination of family-based and school-based multi-component programs that include the promotion of physical activity, parent training/modeling, behavioral counseling and nutrition education. ADA wants to help position the RD to be a key player in any programs that are established to address this issue. It seems to me this is a topic that has broad grassroots support among our members.

For this report, I have included a copy of the NHANES data that shows the trends in childhood obesity in the United States from 1971 through 2006.



Please contact me with any comments, questions, or concerns about this issue. I represent YOU and your input is very valuable. Contact me at jeamclean@myxmail.net or 307-214-1886.

Looking for an interesting, challenging, and rewarding job?

The Wyoming Department of Health, Office of Healthcare Licensing and Surveys has a Cheyenne opening for a health surveyor. For more information, please contact Jean McLean, Laura Hudspeth or Lori Ruess at 307.777.7123.

The employment vacancy is available at: http://wdh.state.wy.us/ohls/OHLS_Job_Opportunities.html

Annual Conference of the Wyoming Dietetic Association



Thursday • June 4, 2009

- | | |
|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9:00 am | WDA board meeting and orientation |
| 11:30 am | Registration opens at Ivinston Memorial Hospital |
| Noon | Lunch on your own - (IMH Mountain View Cafe open - check out the "RD Special") |
| 1:00 pm | Opening remarks • Trends in nutrition |
| 1:15 pm | Keynote speaker • Trends in leadership • Jep Enck |
| 3:15 pm | Snacks |
| 3:30 pm | Diabetes and vitamin D (<i>UW Research Update</i>) • Dr. Enette Larson Meyer |
| 4:30 pm | Trends in public policy • Kate Stratton-Schulz |
| 5:15 pm | Closing comments |
| 6:30 pm | Dinner, awards and WDA business meeting • Holiday Inn
Sponsored by the Wyoming Beef Council
Presentation by Ann Wittmann, Wyoming Beef Council |
| 8:30 pm | Conclude for day |

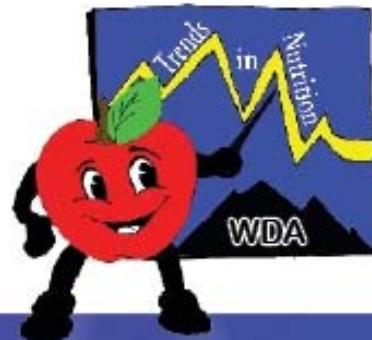


eat right as affiliate of the American Dietetic Association



Friday • June 5, 2009

- | | |
|----------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:30 am | Continental breakfast at Ivinston Memorial Hospital |
| 8:00 am | Welcome and opening for the day |
| 8:15 am | Trends in holistic medicine • Dr. Shawn Palmer |
| 9:45 am | Break |
| 10:00 am | Trends in nutrition promotion and messaging • Leslie Bonci
Sponsored by Western Dairy Association |
| Noon | Lunch at Ivinston Memorial Hospital • Vendor/poster fair
<i>Trends in healthcare and food service</i> • Paula Needles |
| 1:00 pm | Nutrition & asthma • Polycystic Ovarian Syndrome (<i>UW Research Update</i>)
Dr. Shane Broughton • Aleksandra Kuzmanov (<i>UW Graduate Student</i>) |
| 2:15 pm | Snacks |
| 2:30 pm | Diet and kidney stones (<i>UW Research Update</i>)
Dr. Mike Liebman |
| 3:30 pm | Long term impact of nutrition education (<i>UW Research Update</i>) • Mary Kay Wardlaw |
| 4:15 pm | Closing and evaluation |



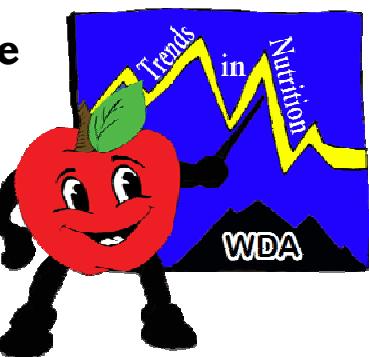
Wyoming Dietetic Association Annual Conference

Trends in Nutrition

June 4 – 5, 2009

Ivinson Memorial Hospital
255 North 30th Street
Laramie, Wyoming

Early Registration Deadline: May 15th, 2009



Full Name:	ADA Member/Student ID:
Name preferred for name tag:	Credentials:
Address:	Day Phone:
City, State, Zip:	Fax:
Job Title:	Email:
Employer:	Special Needs:

REGISTRATION	ADA Member	Non-Member	Student
Two Day Registration June 4 – 5, 2009	\$90	\$110	Free* or \$50
Thursday Only, June 4, 2009	\$40	\$50	
Friday Only, June 5, 2009	\$80	\$100	
Late or On-Site (after May 15, 2009)	\$15	\$15	
Total Registration Fees	\$	\$	\$
WDA Donation:	\$	\$	\$
WDA UW Scholarship Donation:	\$	\$	\$
Total Amount Due:	\$	\$	\$
Method of Payment:	Check Only		

WDA Dinner June 4, 2009 6:30 pm – 8:30 pm (no charge) <i>Designate attendance and meal preference</i>	Yes	Beef	Vegetarian
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*Free Registration for UW Students who are ADA Student Members and Help with the Conference

MAKE CHECKS PAYABLE TO:
Wyoming Dietetic Association

Mail Registration Form and Payment To:
Wyoming Dietetic Association
Karla Case, RD
1922 Omaha Trail
Bar Nunn, WY 82601



American Dietetic Association