



WAND President's Report

This past fall I attended the Food & Nutrition Conference & Expo (FNCE) in Chicago and joined in on the 100 year Celebration of our Dietetics Profession. It was a walk down memory lane to see what our profession has done over these years and how our founding members had a great vision for us that have lead us to where we are today! I am excited for our profession to continue to make more memories and advance our profession into the next century.

It is that time of year to vote for our WAND board positions; President-Elect, Nominating Committee, and Delegate as well as the Academy of Nutrition & Dietetics positions so please take the time to vote. Another upcoming event is our annual member business meeting and conference that will be held this spring, so be on the lookout for more information and plan on joining us.

I would like to take a moment to thank Sue Combe for her time and commitment for being the WAND Fundraising Chair for many years as she is planning on stepping down after this year. She has a lot of passion for this and has made it a fun event at each of our annual meetings and more important has made money for our group! So our hats off to you Sue and "thank you"! Also "thank you" to everyone that is serving on the WAND Board and committees for your time and commitment!

Wishing everyone a Happy and Healthy 2018!

Heidi Gillette, WAND President

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Vision Statement

Wyoming Academy of Nutrition and Dietetic members are recognized and utilized as the most valued resource for food and nutrition services.

Mission Statement

Empowering Wyoming's food and nutrition experts.

Wyoming Academy of Nutrition and Dietetics (WAND)
2017-2018 Board of Directors and Committee Chairs

Board of Directors

President
President-Elect
Past President
Secretary
Treasurer
Treasurer-Elect
Delegate
Nominating Committee:

Council on Professional Issues

Officers

Heidi Gillette
Camden Robbins
Megan McGuffey Skinner
Jordan McCoy
Kristin McTigue
Mark Nielsen
Megan Sexton
Erin Kyle
Ann Hunter
Jamie Marchetti
Karla Case

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WAND Committees

Public Relations
Membership
New Membership
State Professional Recruitment
Coordinator (SPRC)
Public Policy/State Policy
MNT Reimbursement
Consumer Protection
Coordinator
AND/WAND Fundraising
Awards and Honors
Website
Newsletter

Chairs

Leisann Paglia
Karla Case
Marguerite Jackson

Kristin McTigue
Codi Thompson
Georgia Boley

Michelle Clinton
Sue Combe
Liz Fabrizio
Cheryl Gray
Jamie Marchetti

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cheryl22gray@gmail.com
jamie.marchetti@cchwyo.org



Looking for a WAND Member?

**Check out the Updated WAND Membership
List**

on the WAND Website

www.eatrightwyoming.org

Member Section

Password: *eatwyo* – press the login button

**Please email info@eatrightwyoming.org
with corrections.**



Election Time...Get Involved!

Seeking Nominations for 2018-2019 WAND Board of Directors

President- Elect

Serves as President-Elect for one year, President for one year, and Past President for one year.

Delegate

Serves for three years

Nominating Committee (one members)

Will serve for two years with the one receiving the most votes serving as Chair.

Please start thinking about any of your member colleagues who might be interested in becoming involved with WAND in a leadership capacity or let us know if you yourself are interested in any of these positions.

You can contact Erin Kyle at ehffron@uwyo.edu, Ann Hunter at annhunter.rd@gmail.com, or Jamie Marchetti at jamie.marchetti@cchwyo.org to make a nomination or to submit your name for any of the board positions outlined above.

Please review the WAND Job Descriptions on the WAND Website at

www.eatrightwyoming.org

Member Section – password is *eatwyo* (press the login button)

Nominations must be submitted to the Nominations Committee by February 02.

Please check out the WAND Website for a complete list of
Past Elected Board Members

REQUESTING NOMINATIONS FOR 2018 WAND AWARDS

Outstanding Dietitian of the Year (ODY)
Recognized Young Dietitian of the Year (RYDY)
Emerging Dietetic Leader (EDL)
Recognized Dietetic Technician of the Year (RDTY)

Please email your nominations to Liz Fabrizio by December 15, 2016 at lfabrizio@wphcody.org

The names of previous winners can be found on the WAND Website www.eatrightwyoming.org
Member Section – Password – *eatwyo* (press login button)

Following are the 2017 WAND AWARDS CRITERIA:

- **Outstanding Dietitian of the Year, 2018 (ODY)** - This is the highest honor bestowed on a member by the Wyoming Academy of Nutrition and Dietetics (WAND). It is designed to recognize and honor a Wyoming dietitian who has made outstanding and significant contributions to WAND as well as to the profession of dietetics. The Wyoming Outstanding Dietitian of the Year will be recognized by the Academy of Nutrition and Dietetics (the Academy) as the Outstanding Dietitian of the Year for the state affiliate.
 - **Criteria:** The recipient must be a member of the Academy of Nutrition and Dietetics and the Wyoming Academy of Nutrition and Dietetics; must have lived and worked professionally in Wyoming for a minimum of five years and must reside in Wyoming at the time of the award; must have demonstrated leadership and/or outstanding accomplishments as an officer, committee chair or committee member at the state or national level in WAND and/or the Academy; must have made outstanding contributions to the goals of the profession which are to improve the nutrition of human beings and to advance the science of nutrition and dietetics.
- **Recognized Young Dietitian of the Year, 2018 (RYDY)** - Award criteria are established by the Academy.
 - **Criteria:** Nominee must be 35 years or younger as of 5/1/15; must be a member of ADA; an active participant in national, state, or district levels; not previously selected as RYDY; demonstrated concern for the promotion of optimal health and nutrition status of the population; demonstrated leadership in legislation, research, education, management, etc., in the WAND.
- **Emerging Dietetic Leader Award 2018-** Award criteria are established by the Academy.
 - **Criteria:** Member of the Academy; initial practice experience not less than 5 years and not greater than 10 years, interrupted careers or time periods not in practice are not to be considered or rationed into the 5-10 years of professional practice experience; active participation in the national and state assoc. for at least 5 years; not previously selected as an RYDY or RDTY; demonstrated concern for the promotion of optimal health and nutritional status of the population; demonstrated leadership, e.g. in legislation, research, education, management, etc. in the Association, community or employment.
- **Recognized Dietetic Technician of the Year, 2018 (RDTY)**-Award criteria are established by the Academy.
 - **Criteria:** Member of the Academy; active participant in national, state, or district levels; not previously selected for this award, demonstrated concern for the promotion of optimal health and nutritional status of the population; demonstrated leadership in legislation, research, education, clinical dietetics, food service management, public relations, career guidance, etc., in the Association

Public Health/Community Nutrition DPG Update

Provided by: Karla Case, RD, LD
Weekly Update - January 14, 2018

Governor Jack Markell of Delaware signs "Breakfast After the Bell" Law
by Sarah Woods, BS, NDTR

Delaware's "Breakfast After the Bell" law, or House Bill 408, was signed into law by Governor Jack Markell on Sept. 14, 2016. The law requires Delaware schools already participating in the Community Eligibility Provision (CEP) of *The Healthy, Hunger Free Kids Act* to implement alternative service models for school breakfast by the 2017-2018 school year. These service models allow students opportunities to eat a healthy breakfast by serving food in settings and during times more flexible than the standard before-school, cafeteria-only option. Specific models mentioned in the legislation are *Breakfast in the Classroom*, *Grab and Go Breakfast*, and *Second Chance Breakfast*, but schools are not limited to those options.

Schools participating in CEP already provide breakfast at no cost to their students, but despite this cost reduction, students still face obstacles such as time constraints and social stigma that can prevent them from participating. In Delaware, about one out of every five children are food insecure, one of the many problems that the Food Bank of Delaware, a member of Feeding America, works to combat in the state. "It was exciting to be involved with the passage of House Bill 408," says Chad Robinson, the Food Bank of Delaware's Director of Strategic Initiatives. "We worked tirelessly throughout the session to help legislators understand how food insecurity affects our state and particularly our children," said Robinson. "Serving breakfast through alternative service models increases participation in breakfast and positively impacts our schools."

According to the Food Research and Action Council (FRAC), alternative breakfast service models, such as those mentioned in House Bill 408, break down barriers by reducing social stigma and timeframe challenges. Alternative breakfast service models achieve this by no longer singling out students who are being served breakfast through the program, and by allowing the breakfast serving process to become more streamlined. As a result, more students can access the program and participation rates are higher.

Research compiled by FRAC shows that students participating in alternative serving model breakfast programs consume more nutritious breakfasts and show measurable improvements in attendance, test performance, and mental health. Delaware Representative Ed Osinski, House Bill 408's sponsor, is optimistic that the passage of the "Breakfast After the Bell" law is a step in the right direction for improving the nutrition of his state's youngest residents. "We've seen how successful school breakfast programs can be when schools and policymakers think outside the box, and we want that success in our state. Thanks to this new law, we will see that progress continue in our schools," commented Osinski.

Diabetes Care & Education DPG Update

Provided by: Karla Case, RD, LD
Newsflash - 2017/Volume 38/Number 5

National Diabetes Education Program Update
by Andrea Dunn, RD, LD, CDE, NDEP Alliance Representative

NDEP is jointly sponsored by the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) of the National Institutes of Health and the Division of Diabetes Translation of the Centers for Disease Control and Prevention, while holding the support of more than 200 partner organizations. NDEP's goal is to reduce the burden of diabetes and prediabetes by facilitating the adoption of proven approaches to prevent or delay the onset of diabetes and its complications.

Have you visited the NDEP site lately at www.ndep.nih.gov? Be sure to check out the NDEP Health Information from A-Z. Featuring many different topics on diabetes and diabetes education, the NDEP site additionally offers foreign language translations. For your convenience, DCE has also included over a dozen NDEP handouts alongside various other online resources at <http://www.dce.org/publications/education-handouts>. Looking for a short video to start a group conversation at your next shared visit? Check out <https://ndep.nih.gov/resources/diabetes-healthsense>. For a catalog of fun recipes and snack ideas, be sure to visit <https://www.cdc.gov/diabetes/ndep/pdfs/54-tasty-recipes-508.pdf>. The majority of information on this site is copyright free and can be freely downloaded and reproduced. Content reproduced without changes should acknowledge the NIDDK as the source.

Clinical Nutrition Management DPG Update

Provided by: Karla Case, RD, LD

2018 Symposium



Plan now to join us in Albuquerque, New Mexico

March 15-17, 2018
Embassy Suites - Albuquerque

Registration is open! For more information: <http://www.cnmdpg.org/page/2018-symposium>

WAND Weekly Email

Keeping you connected and informed!
In an effort to reduce the number of emails you are receiving we are providing the WAND Weekly Email.

Please email Jordan McCoy, WAND Secretary
at jordanmccoy@hotmail.com
with information you would like to share with our
WAND members.

WAND Range Rider

The WAND Range Rider is published
3 times a year.

Our next edition will be in Feb/Mar 2015.

If you have any information you would like to share with the WAND Members in the WAND Range Rider

Please email Range Rider Editor
Jamie Marchetti at jamie.marchetti@cchwyo.org

To read past editions of the
WAND Range Rider visit the:

WAND Website

www.eatrightwyoming.org

Go to the Member Section.

The password is **eatwyo**
and press the login button.

If you have information you would like to share with the WAND Members
on the WAND Website

Please email the Website Coordinator:
Cheryl Gray at cheryl22gray@gmail.com