



**eat right.** an affiliate of the  
Academy of Nutrition and Dietetics

*President: Mindy Meuli*

*President Elect: Megan McGuffey*

*Editor: Cheryl Gray*

*Secretary: Melissa Bardsley*

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### **Vision Statement**

Wyoming Academy of Nutrition and Dietetic members are recognized and utilized as the most valued resource for food and nutrition services.

### **Mission Statement**

Empowering Wyoming's food and nutrition experts.

## **Grassroots Synopsis**

**WAND's Reimbursement Representative Georgia Boley and Co-Chair Olivia Kirven received a \$6,227.00 CDR Grassroots Marketing Grant to attend the Annual Wyoming Medical Society Conference.**

**This grant allowed WAND to have a vendor booth with the theme, 'The WAND that WORKS - Connecting to Your Local RD'. Inquiring Physician's were given a list of local RD's to collaborate care with, based off of the WAND membership list. Overall, the booth was a great success, marketing WAND to other health care providers as well as to regional health insurance companies. Sixteen primary care physician connections were made, with 5 having a strong interest to start or expand connections with a RDN.**

### **CDR Grassroots Marketing Grant Synopsis**

2015 Wyoming Medical Society (WMS) Annual Meeting

**Booth Traffic:** 16 unique connections with Primary Care Providers interested in the Intensive Behavioral Therapy Obesity Benefit; 5 requesting follow up information to connect with RD.

**Networking with Vendors:** Connections made with 3 health insurance companies (United Health, WinHealth, and Wy BCBS). Contact with Kris at BCBS and provided copy of North Carolina RD and BCBS partnership model. Connections with WyHealth and discussed incorporating an RD into their weight management program. Connections with WYO Institute of Population Health (WYIPH)/Enroll Wyoming (George O'hare) who is interested in mass printouts on Wyoming RD services in order to bring more awareness of RD services available to newly enrolling health insurance members. Discussion with Medicaid about status of RD's as a recognized Medicaid provider.



#### Follow-Up Activities:

1. Connect with the 5 providers requesting local RD information and provide them with at least 2 RD's they can refer to.
2. Provide an e-document for mass printouts to WYIPH
3. WyHealth- RD who might be interested in helping develop weight management program
4. Kris at BCBS- what he thought of the North Carolina Model
5. Dr. Gee- Visit his wellness facility in Cody and instructional kitchen
6. Contact Platte Valley Medical Center to set up the Lunch and Learn for IBT Obesity treatment.

**Budget:** Grant - \$5237.44 Actual Spent- \$4835.14; \$402.30 under budget

#### Suggestions for Next Year:

1. Suggest WAND have a booth again as it brings better RD service awareness to Primary care providers as well as to third party payers and government funded health programs.
2. Suggest budget of \$3560 (\$700 stay, \$1050 booth, \$400 ad, \$960 RD labor, \$300 bag stuffers \$150 gas).
3. Suggest more give-aways (post-its, pens, mini wands, foldable bags)
4. Table props- fake fruit/veggies.



## President's Report

The WAND annual meeting held in Laramie on April 24-25 – The Sodium Dilemma: Implications for Sports, Wellness, and Health Outcomes had 45 attendees. The speakers were excellent and the attendees received 7.5 CEUs. The net profit for the meeting was \$241 plus the silent auction donations. We had 15 students attend the meeting and it was great having them included. The students prepared the desserts for the annual meeting.

June 1, 2015 – was my official first day as President of WAND. Paula and I have met and are working on transitioning. I am working on the WAND budget and will be sending it out for board approval this month. Karla and I are working on completing the required reports for AND. I am looking at having our

first board meeting in August. Congratulations to Kristin McTigue as she begins her tenure as Treasurer-

Elect.

I look forward to the coming year and serving WAND as your president.

Sincerely,

Mindy Meuli

## **New Board Members**

Megan McGuffey – President-Elect

Melissa Bardsley – Secretary

Glen Revere – Delegate

Lucy Stacy – Chair for Council on Professional Issues

Sue Combe – Chair for Nominating Committee

Cheryl Gray – Nominating Committee

## **Thank You to Past Board Members**

Barb Buyske – Past President

Beth Kamber - Chair for Council on Professional Issues

Mary Tvedt – Nominating Committee

Denise Ivey – Nominating Committee (Chair)



**THANK YOU!**

*A Special Thank You to **Paula Eskam** for leading WAND  
for another successful term. Her first term as President was in 2009-2010.*



## Wyoming Academy of Nutrition and Dietetics (WAND)

### 2014-15 WAND Board Members

#### Board of Directors

President  
President-Elect  
Past President  
Secretary  
Treasurer  
Treasurer-Elect  
Delegate  
Nominating Committee:

Council on Professional Issues

#### WAND Committees

Public Relations  
  
Membership  
New Membership  
State Professional Recruitment  
Coordinator (SPRC)  
Public Policy  
State Policy  
MNT Reimbursement  
AND/WAND Fundraising  
Awards and Honors  
Website  
Newsletter

#### Officers

Mindy Meuli  
Megan McGuffey  
Paula Eskam  
Melissa Bardsley  
Karla Case  
Kristin McTigue  
Glen Revere  
Sue Combe  
Cheryl Gray  
Carolyn Renner  
Lucy Stacy

#### Chairs

Judy Barbe  
Leisann Paglia  
Jamie Anderson  
Marguerite Jackson  
  
Kristin McTigue  
Codi Thompson  
Teresa Matheny Lehmitz  
Georgia Boley  
Sue Combe  
Liz Fabrizio  
Cheryl Gray  
Cheryl Gray

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## Awards

### WAND Awards of 2014-2015

Outstanding Dietetic Student of the Year presented to Courtney Nordhus

Recognized Young Dietitian of the Year presented to Sara Pinson

Outstanding Dietitian of the Year presented to Georgia Boley

Outstanding Dietetic Educator presented to Melissa Bardsley

## Job Openings

Physicians Looking for a Local RD to send referrals to (Identified at Wyoming Medical Society's Annual Meeting):

### **Casper:**

1. Dr. Grady Snyder- #307-441-1026/gsnnyder@chccw.org
2. Rachel Spady PA-C - 303-886-5318/raspady@gmail.com- Wyoming Behavioral Institute

### **Cheyenne:**

1. Dr. Brian Horst- looking for an RD interested in children and weight management- brianhorst@bresnan.net
2. Wyoming Medicaid Care Management Health & Wellness Programs- 1-888-545-1928 (ask for Morris and refer to this being a follow up to their voiced interest at the Wyoming Medical Society Annual Conference/ voiced to the RD's at the WAND booth). Interested in working with an RD who may advise on their weight management programs.

### **Sheridan:**

1. RD for our skilled nursing facility in Sheridan WYO. Please contact, Karin Akerfelds, RDN, CSGRocky Mountain Division, Life Care Centers of America, Nutritional Services, 720-876-8736
2. The Sheridan VA Medical Center in Sheridan, WY is accepting applications for a full-time Registered Dietitian position. This position would be responsible for nutrition related patient care as a team member of the Home Based Primary Care (HBPC) Team and nutrition care for the residents of Mountain View Living Center which encompasses both Long Term Care and Short Stay Rehabilitation veterans.

Please contact Janet Nowak, Chief of Food and Nutrition Services for more information and details on the application process. Contact Number: (307) 675-3635.

### **Example of duties include:**

Conducts a comprehensive nutrition assessment for patients. Develops and implements an individualized plan for medical nutrition therapy in accordance with the patient's medical program goals and objectives.

Accurately obtains and interprets medical information pertinent to the patient's nutritional care to determine risk, assess nutritional status and develop individual specialized care plans to simultaneously address several disease processes.

Calculates nutritional requirements and necessary diet prescriptions or food/drug interactions. Nutrition education is tailored and provided to each patient and/or caregiver according to physical and metabolic needs and designs the nutritional treatment plan with consideration for psychosocial, behavioral, ethnic and cultural factors to obtain desirable outcomes and promote long term adherence to a medical nutritional care plan.



Utilizes assessment and evaluation techniques that consider age-specific needs as well as cultural, religious, and ethnic concerns.

Based on individual Scope of Practice/Clinical privileges, the HBPC dietitian may place orders for labs, consults or performs any other authorized activities, such as ordering oral nutrition supplements or enteral nutrition formula for distribution from outpatient pharmacy.

Evaluates and monitors the effectiveness and outcome of medical nutrition therapy interventions. Evaluates the patient's response to care based on identified, measurable outcomes and reviews the plan as appropriate.

Attends interdisciplinary team meeting to discuss individual patient progress towards medical and unit-specific goals, as well as discharge planning.

Documents the nutrition care plan in the patient's medical record, including nutrition assessment data, medical nutrition therapy initiated and recommendations, results of nutrition counseling and discharge planning. Documentation supports an interdisciplinary approach and continuity of care.

Actively participates in the multidisciplinary HBPC team which includes weekly team meetings, the development of interdisciplinary treatment plans, participation in patient health education programs, and quality assurance reviews as assigned.

Conducts in-services for the HBPC staff on nutrition screening and basic nutrition in the home care setting.

Performs other related duties as required.





*Wyoming Association of Diabetes Educators*

## SAVE THE DATE

**October 8 - 9<sup>th</sup>, 2015**

***WyADE Fall Diabetes Update & Annual Meeting***

**Holiday Inn  
204 W. Fox Farm Road  
Cheyenne, Wyoming**

**Melissa Stehwien, MS, RD, LD, CDE, Conference Host  
(307) 633-7647, [melissa.stehwien@crmcwy.org](mailto:melissa.stehwien@crmcwy.org)**

**Check the Wyoming Homepage at [www.diabeteseducator.org](http://www.diabeteseducator.org) for  
online registration coming soon!**



## WAND ANNUAL SILENT AUCTION FUNDRAISER HUGE SUCCESS THANKS TO MEMBER SUPPORT

Our Silent Auction was held in Laramie on April 24th and 25th at the Hilton Garden Inn in conjunction with the WAND Annual Conference and Business Meeting. We raised \$502.00 this year thanks to support both in donations and participation from our WAND members. We had 24 fantastic items up for bid and many items drew interest from multiple bidders. I would like to thank in particular the following for their donations: Cheryl Gray, Judy Barbe, Mindy Meuli, Heidi Gillette, Karen Polson, Paula Eskam, Barbara Buyske, Beth Kamber, Codi Young, Jamie Anderson, and Janice Smith. I am so pleased with the variety of items this year - there truly was something for everyone! Also, a shout out to those of you who participated by bidding and writing out checks. Hope you had as much fun as the organizers did. The money raised will go a long way to help fund our UW Dietetic Student Scholarship and other important WAND activities such as our annual RD/RDN Day media spots in March each year. Thanks again for your participation.

Sue Combe RDN, LD

WAND Fundraising Chair

### Looking for a WAND Member?

Check out the Updated WAND Membership List  
on the WAND Website

[www.eatrightwyoming.org](http://www.eatrightwyoming.org)

Member Section

Password: eatwyo

[info@eatrightwyoming.org](mailto:info@eatrightwyoming.org)

Please email with corrections.

