



WDA Range Rider

Fall 2011 Edition

Message From The WDA President

First of all, I would like to thank WDA members for their confidence in me to serve as the WDA President. I am very excited to be taking on this new role and I'm hoping I can lead this organization into a successful and productive 2012!

One of our goals for the coming year is to become more connected throughout the state, through better lines of communication and more involvement at the local level in addition to the state level. Another goal is to strengthen the ties we have with students and with the new RDs that come to our state, so that we can ultimately increase membership in our organization. All WDA members will be receiving regular communication regarding our progress towards achieving these goals.

Welcome and thank you to our new board members: Cheryl Gray, Nominating Committee and Joan Franklin, Secretary; and to Paula Eskam, who has agreed to take on Range Rider editor responsibilities in addition to her position as Website Coordinator. Thank you also to the board members who are continuing on in their roles – your work is greatly appreciated!

2011 has been an exciting year for WDA. We reached our goal of obtaining licensure, which was a huge accomplishment for our affiliation. Also, the 2011 Annual Meeting, which was held in Laramie in March, was a huge success and we ended up raising over \$4000! The planning committee did an amazing job: thank you to Mindy Meuli, Cathy Valades-Flynn, Judy Barbe, Kristin McTigue, Sue Combe, Carolyn Benepe, Caty Millburg, Skye Murphy, Star Morrison, and Heidi Gillette for a job well done!

I'm optimistic that 2012 will be a year of positive changes for WDA. Please feel free to contact me at kcase@natronacounty-wy.gov, with any comments or suggestions you have – member input and involvement are vital to the success of our organization.

Thanks again for all of your support!

Karla Case, RD



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WDA Board of Directors

2011-2012 WDA Board of Directors

Karla Case, President, kcase@natronacounty-wy.gov

Heidi Gillette, Past President, heidi.gillette@ccmh.net

Mindy Meuli, Treasurer and Licensure Board, mmeuli1@uwyo.edu

Joan Franklin, Secretary, joan.franklin@wyo.gov

Jean McLean, Delegate, jeanmclean@gmail.com

Chris Douglas, Council on Professional Issues, chris.douglas@wyo.gov

Debbie Collins, Nominating Committee Chair, debbie.collins@bannerhealth.com

Barb Buyske, Nominating Committee, barbara.buyske@wyo.gov

Cheryl Gray, Nominating Committee, cherylgray_22@msn.com

Katie Stratton-Schulz, Public Policy & State Policy Representative, stratton_katie@hotmail.com

Star Morrison, Membership Chair, star.morrison@wyo.gov

Leisann Paglia, Media Representative and Licensure Board, leisann.paglia@crmcwy.org

Judy Barbe, Media Representative, jbarbe@westerndairyassociation.org

Sue Combe, ADA/WDA Fundraising Chair, susan.combe@wyo.gov

Sharon Crispin, Awards Committee Chair, rcsc@fiberpipe.net

Paula Eskam, WDA Range Rider Editor and Website Coordinator, paulae@bresnan.net

ADA Changes Its Name



The American Dietetic Association is officially changing its name to the **Academy of Nutrition and Dietetics**.

The announcement was made Saturday, September 24, 2011 at ADA's Food & Nutrition Conference & Expo in San Diego, Calif. after a unanimous vote by the Board of Directors in August. The change will go into effect in January 2012.

The new name complements the focus of the organization to improve the nutritional well-being of the public, while communicating the academic expertise of our members and supporting our history as a food and science-based profession. The Academy of Nutrition and Dietetics quickly and accurately communicates our identity—who we are and what we do.

"The field of nutrition has changed over this century, and we're evolving to meet these needs," said registered dietitian and ADA President Sylvia Escott-Stump.

For more information about the name change go to www.eatright.org member section

WDA Board Meeting Minutes

9-16-11 Cheyenne

Welcome – Karla Case

Meeting called to order at 1:08pm

Attendance: Paula Eskam, Heidi Gillette, Leisann Paglia, Sue Combe, Barb Buyske, Chris Douglas, Karla Case, Cheryl Gray; Jean McLean; Mindy Meuli

Absent: Judy Barbe; Debbie Collins; Jean McLean; Ann Hunter; Katie Stratton-Schulz; Star Morrison

Approval of Agenda

Chris Douglas moved to approve the agenda; Sue Combe seconded the motion. Motion passed.

Approval of Past Minutes of 3-31-11.

Corrections to past minutes: Under the section “approval of Past Minutes” change “Barb approved past minutes to, “Barb made a motion to approve past minutes.”

With the above stated corrections, Sharon made a motion to approve the minutes dated 3-31-11 and Cheryl seconded the motion. Motion passed to approve the minutes.

Board Member Reports

- **President’s Report**– *Karla Case*
 - Need to approve the Principles of Affiliation
 - **President Elect** – This position is vacant
 - **Past President’s Report** – *Heidi Gillette*
 - No report.
 - **Secretary’s Report** – *Joan Franklin*
 - All emails requesting forwarding to the membership were forwarded
 - **Treasurer’s Report** – *Mindy Meuli*
 - One CD was rolled over
 - Checking balance \$9,238.77
 - Savings \$6,177.16
 - **Delegate’s Report** – *Jean McLean reported via email*
 - The House of Delegates meeting will convene on Thursday, September 22, 2011, with Table Facilitator’s Training at 4:00pm. Part one of the training via a “Go to Meeting” webinar was held this past Tuesday. The Mega Issues are:
 - Licensure
 - Future Connections Summit Final Report
 - Interdisciplinary Teams
 - Jean reports there has been a lot of interest from all states about the Licensure mega issue (including Wyoming) and the Interdisciplinary Teams issue. The pre-meeting dialogue was the busiest ever.
 - **Public Policy Report /Licensure Committee** – *Katie Stratton-Schulz*
 - No report
 - **Council on Professional Issues Report** – *Chris Douglas*
 - No report
-

WDA Board Meeting Minutes Continued...

- **Awards Chair Report** – *Sharon Crispin*
 - Need to think about award winners and if anything needs to be different for this year.
- **ADA/WDA Fundraising Chair Report** – *Sue Combe*
 - The annual meeting silent auction raised \$649.00 and raffle ticket sales totaled \$132.00.
- **Nominating Committee Chair Report** – *Debbie Collins*
 - Barb reported. Need to think about what positions are coming up for next year.
- **Media Report** – *Judy Barbe and Leisann Paglia*
 - March is National Nutrition Month. What does the Board want to do? Please submit your ideas.
- **Range Rider** – *Position is vacant*
- **Membership Report**-*Star Morrison*
 - No report
- **Licensure Report** –
 - Licensure Board members include Mindy, Leisann, and a community member from the Douglas area
 - Veronica is the coordinator for Licensure Boards and will facilitate the rules and regulation process
- **Old Business**
 - Bylaws may need to include licensure verbiage at some point
 - Current bylaws need to be revised to include the nominating committee as having a rotational component. Heidi has agreed to take on this task.
 - Strategic planning as a Board needs to be accomplished. Karla to obtain a copy of the last strategic plan written 2006-2010 and disseminate to all members for comment. Motion made by Leisann that the board will move forward with a strategic planning session that will be mandatory and will be held in person. Paula seconded the motion. Motion passed.
 - The Strategic planning session will take place in Casper, in January, at the Extension office, and be combined with the next Board meeting. It was suggested Margaret Benson as a possible facilitator for the meeting.
- **New Business**
 - Annual meeting and Conference: Motion made by Barb to have the WDA annual conference and board meeting during the Wyoming Department of Health Chronic Disease Conference in May of 2012. Leisann seconded the motion. Motion passed. Since the President-elect position is responsible for the Annual conference and the position is vacant, this seemed like a good alternative. There was discussion about having dinner or evening event, silent auction, and other events specifically for WDA members.
 - Planning Committee: Karla will develop this committee and let the members know if they have been selected to serve.
 - Ranger Rider vacancy: Paula volunteered to take it over. (Thank you Paula!)
 - Budget for 2011-2012 was reviewed. Line item changes made. Motion made by Leisann to accept the new budget as amended. Motion seconded by Sharon. Motion passed.
 - Mindy will send a check for \$60 to ADA for the Foundation and budget another \$60 for next fiscal year.

Meeting adjourned at 3:00pm

Respectfully submitted
Joan Franklin, Secretary

Licensure Update



Congratulations to Leisann Paglia and Mindy Meuli for being appointed by Governor Matt Mead to the Dietetics Licensing Board. Their first meeting will be October 25, 2011

The board shall regulate the practice of dietetics in the state by providing for the licensing and regulation of persons engaged in the practice of dietetics to ensure the safety of the public seeking nutritional advice.

More information coming soon!

House of Delegates Report

Submitted by Jean Mclean, Delegate

The two mega issues discussed at this year's House of Delegates meeting held in San Diego on September 23 and 24, 2011 were related to (1) the need to develop an awareness of the value of licensure and its importance to the future of the profession and (2) the importance and value of having the RD participate on interdisciplinary teams.

Delegates began the study of licensure by identifying, benefits and barriers surrounding the licensure issue. In addition, delegates were tasked with identifying necessary resources to enhance the value of licensure for RDs and DTRs. The value of licensure was upheld by the House.

The second mega issue required House Delegates to identify strategic opportunities both inside and outside of the profession of dietetics for RDs/DTRs to operate in interdisciplinary teams and to determine what skills RDs/DTRs need to strengthen their skill set to initiate, lead and participate in interdisciplinary teams. RDs and DTRs are encouraged to participate on interdisciplinary teams.

The House members supported both mega issues for further action by the ADA Board of Directors. Next week the motions for action on each of these items will be up for a vote.

This was a good year to see some positive outcomes and actions by ADA on mega issues that I have been part of formulating during my tenure as your delegate:

- The associate (multidisciplinary) category for membership;
- Increased diversity in our profession;
- Increased advocacy efforts by ADA on behalf of the RD/DTR in health care reform;
- The development of federal definitions and regulations related to nutrition and medical nutrition therapy.

If you have any thoughts about issues you think should be studied by the House to enhance our profession, please contact me at jeamclean@gmail.com or at 406-475-9115.

Dietary Practice Group Summaries

Submitted by Chris Douglas, RD, Chair of the WDA Council on Professional Issues



Denise Andersen, MS, RD, LD, CLC in *Public Policy Workshop Recap* reported Congressional bi-partisan support for the Medical Foods Equity Act. From this Act, insurance would pay for medical foods for inborn errors of metabolism. She also noted that "the cost of a one day hospital stay roughly equals the cost of one year of Older Americans Act Nutrition program meals" and that RD's promote healthy aging which will enable people to stay independent longer.

Women's Health, A Dietetic Practice Group of the ADA, Volume III/IV, 2011

SCAN'S Pulse

Spring 2011, Vol. 30, No. 2

Sports, Cardiovascular, and Wellness Nutrition

A Dietetic Practice Group of ADA



Michelle Barrack, PhD in *Low Energy Availability: Recognizing and Addressing an Intentional Versus Inadvertent Energy Deficit* reminds us that bone health may decrease due to chronic low energy availability before the menstrual cycle is disturbed. A few energy-dense foods that can be supplemented are "trail mix, smoothies, dried fruit, nut butters, yogurt with granola, cheese, oil, or avocado".

PNPG Building Block for Life

Pediatric Nutrition

A Dietetic Practice Group of the ADA

Volume 34, Number 4 Fall 2011

Christina J. Valentine MD, MS, RD, Assistant Professor, OSU, Neonatologist, Medical Director, Neonatal Nutrition and Lactation Program Nation wide Children's Hospital, Columbus, OH in *Optimizing Human Milk Fortification for the Preterm Infant* reports "Feeding human milk to preterm infants reduces the risk of necrotizing enterocolitis and shortens length of the hospital stay".



Samia Hamdan, MPH, RD, Nutritionist USDA FNS, Midwest Region in *A look at National School Nutrition Initiatives* encourages dietitians to get involved in improving school lunches through: participating in the school's Local Wellness Policy, Fuel Up to Play 60, HealthierUS School Challenge, or Energy Balance 4 Kids; providing classroom nutrition education sessions; share information on Team Nutrition, Let's Move!, and Kids Eat Right through social media and share this information with other professionals; visiting USDA FNS websites; and providing input on Healthy, Hunger-Free Kids Act at www.federalregister.gov.

Building Block for Life is a quarterly, peer-reviewed, publication available to PNPG members only. Currently, PNPG is not offering individual non-member subscriptions to this newsletter; and previous issues are not available for purchase.

We encourage you to join PNPG--we offer many member benefits and our DPG membership fee is only \$25 (in addition to annual ADA dues). For more information about PNPG member benefits, visit: <http://www.pnpg.org/members>

Let's Celebrate....**Mindy Meuli, MS, RD**

Preceptor for University of Northern Colorado Distance Program,
Greeley, Dietetic Internship

Congratulation to Mindy for being chosen by ADA Area 1 as an Outstanding Dietetic Educator. She received the Wyoming 2011 Outstanding Dietetic Educator Award at the WDA Annual Meeting. She was then chosen by the Area 1 selection committee and her name appeared in the September ADA Journal as receiving an ADA Outstanding Educator Award.

"You represented Wyoming well and a well-deserved honor". Sharon Crispin

The Outstanding Dietetics Educator Award recognizes the teaching, mentoring, and leadership activities of faculty and preceptors in dietetics education programs that are accredited by the Commission on Accreditation for Dietetics Education. The selection of awardees is determined by the Dietetic Educators of Practitioners Practice Group.

Other awards presented at the WDA Annual Meeting were

- **Beth Kamber**, 2011 Outstanding Dietitian of the Year
- **Karla Case**, 2011 Emerging Dietetic Leader
- **Skye Murphy**, 2011 Outstanding Dietetic Student

Congratulation also to those individuals!

Congratulations to Jamie Wilder, RD

One of Wyoming's newest Registered Dietitians!

She is a former Ivinson Memorial Hospital Dietetic Intern.

We are proud of you!

Beth and Paula

Let's Celebrate WDA Members Accomplishments.
Send acknowledgements of recent awards, registrations,
Certifications, job promotions etc.
to the WDA Range Rider

paulae@bresnan.net



Please submit information that you would like to have included in the next Range Rider to:

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We're on the Web!

See us at:

www.wyomingdieteticassociation.com

Special Thank You

Thank you Lori Ruess and Laura Hudspeth for revitalizing the WDA Range Rider.

Your hard work over the past 3 years has been greatly appreciated.



WDA Range Rider

The WDA Range Rider is published 3 times a year. Our next edition will be in late January/Early February. To read past editions of the Range Rider, visit the WDA Website at www.wyomingdieteticassociation.com.

Go to the member section.

The password is eatwyo and press the login button.

