

2020 WYADE & WAND RETREAT

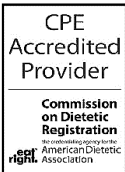


NOW - All Virtual

Continuing Education:



The Association of Diabetes Care & Education Specialists is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This program provides **11.5** contact hours of continuing education credit. The Association of Diabetes Care & Education Specialists is approved by the California Board of Registered Nursing, Provider Number 10977, for 11.5 contact hours



The Association of Diabetes Care & Education Specialists (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive **11.5** Continuing Professional Education units (CPEUs) for completion of this activities/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials.



The Association of Diabetes Care & Education Specialists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program provides **11.5** contact hours (**0.10** CEU's) of continuing education credit. ACPE Universal Activity Numbers: Pending

Conference Learning Outcome(s): Upon completion of this program, participants will have the tools and knowledge of the current guidelines to enhance patient-centered outcomes.

CME DISCLAIMER-This virtual activity is designed for all levels of health care professionals that care for clients with cardiovascular disease, prediabetes and diabetes, including physicians, nursing, dietitians, pharmacist, allied health and community health workers.

WAND: Has received 5.0 hours of CPE for Friday, September 25th events;

WyADE: Has received 11.5 hours of CME's/CPE for Wednesday September 23rd & Thursday, September 24th events;

TOTAL CME/CPE: Wednesday - 5.0; Thursday - 6.5; Friday- 5.0

- Planners: Disclose no conflict of interest relative to this educational activity.
- Faculty/Presenters/ Authors/ Content Reviewers: Disclose no conflict of interest relative to this educational activity. Dr. Repas speaks for Sanofi
- Successful Completion: For successful completion, participants are required to be in attendance for the full activity; complete and submit the program evaluation at the conclusion of this event. **REGISTRATION REQUIRED**

Zoom link will be sent after registration completed!

WyADE "Annual Meeting" will be Wednesday.

For scholarship information and form contact:

c.rennerms@gmail.com or wyaidechair@gmail.com

To become a ADCES member - Follow the link:

<https://www.diabeteseducator.org/about-adces/join-aade>

Registration – ADCES WEB LINK

<https://www.diabeteseducator.org/event/WYCBSEP20>

Name: _____

Discipline: (MD,RN, RD, Other) _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Email: _____

Place of work: _____

Registration Fee:

AADE & WAND Members # _____

Member:

Non – Members:

\$75.00, entire conference

\$90.00, entire conference

Students may enroll at member rate-

**No Refunds after September 10th, 2020;
All registrations due by September 18th, 2020**

For Further Information - Contact

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-OR- * Dian True RN, MA, CDCES, FADCES

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Certified Diabetes Care and Education Specialists: To satisfy the requirements for renewal of certification for the Certification Board for Diabetes Care and Education (CBDCE), continuing education activities must be diabetes related and approved by a provider on the CBDCE list of Approved Providers (www.ncbde.org). CBDCE does not approve continuing education. The Association of Diabetes Care & Education Specialists is on the CBDCE list of Approved Providers.



2020 WYADE & WAND RETREAT



Learn...Renew...Network!

Wednesday, September 23, 2020

DAY 1

9:00am - 9:30am Online Registration Sign – in

9:30am - 9:45am Announcements

9:45am - 11:45am Million Hearts in Wyoming

Brandi Wahlen, MPQHC & Matthew Stripling MHA
Mountain - Pacific Quality Health

1. Discuss Wyoming's Million Hearts Task Force
2. Identify its Mission, Vision and Goals
3. Discuss options for Wyoming

11:45am - 12:00pm Break

12:00pm - 12:30pm WYADE ANNUAL MTG

12:30pm - 1:00pm Lunch

1:00pm - 2:00pm Prevention Education in Wyoming

Audrianna Marzette, Public Health Specialists

1. Identify Prevention Education In Wyoming
2. Identify Prevention Resources available in Wyoming

2:00pm - 2:20pm Break

2:20pm - 3:20pm Diabetes In Wyoming

Kevin Franke, BSN

1. Identify WYCOA's role in WDH CD 1815 grant
2. Identify Resources in Wyoming for Diabetes Care

3:20pm - 3:30pm Break

3:30pm - 4:30pm Hypertension in Wyoming

Hannah Herold MPH, CHES

1. Understand the burden of hypertension in Wyoming
2. Understand the newest clinical guidelines for hypertension
3. Recognize options for hypertension treatment, including self-measured blood pressure monitoring

Evaluation and Closing

5.0 contact hours for Wednesday

Thursday, September 24, 2020

DAY 2

7:30 - 8:00am Online Registration Sign - in

8:00 - 8:15am Welcome

8:15am - 9:45 Ethics In Medicine

Dr. Melissa Alexander, JD

1. Understand 4 common ethical principles that guide healthcare decision-making
2. Apply the framework of common ethical principles to problems that may occur in practice
3. Recognize the professional skills needed to respond ethically to different points of view
4. Identify hot topics in medical ethics (Conflict of Interest)

9:45am - 10:00am Break

Breakout 1a

10:00am - 11:00am Hit the MNT Jackpot,

It's all about Marketing!

Keith Ayoob, EdD, RD, FAND

1. Learn steps to expand billable nutrition services within your facility's outpatient clinic or your own private practice.
2. Recognize payer types and procedures to establish direct reimbursement for MNT
3. Identify key factors to manage patients' visits that can help build a steady client base
4. Recognize tools and resources included on the Academy's website to help RDNs accomplish these tasks

Breakout 1b

10:00am - 11:00am

2019 Diabetes Educator of The Year

Optimizing the Use of CGM in the Clinical Practice

Dianna Issacs RPH, Pharm D, CDCES

1. Identify key metrics on CGM Reports
2. Identify what data means and be able to apply it to patient case
3. Identify area too make lifestyle changes or medication adjustments to improve glycemic control

11:00am - 12:00pm

General Session

The Cardiovascular Implications in Diabetes

Dr. Tom Repas, DO, FACE, CDCE

1. Identify the role medications play as therapy in diabetes
2. Discuss the clinical implications of SGLT2 & Glp1s in DM



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Thursday, September 24, 2020

DAY 2

12:00 – 12:45pm Hunger Panel

Special Presentation

Jennie Gordon, Tony Woodell,

Jamie Purcell, Genevieve Sheets, RD

1. Identify extent of hunger issues facing our state
2. List community partners to combat food deserts and hunger for clients

12:45 – 1:15pm / Lunch

Breakout Session 2b

1:15 – 2:15pm Project Vision & Dana

Carol Rasmussen, MDN, DCES, APRN, FAADE

1. Identify Key Element of the ADCES Vision
2. Identify Where to find Dana on ADCES web site
3. Interactive Demo

2:15 – 2:30pm Break

2:30 – 3:30pm

Prediabetes and weight management: Understanding metabolic dysregulation and current multidisciplinary interventions

Lindsey McCoy, MS, RD, CSSD, LD

1. Discuss the current prevalence of prediabetes in the U.S.
2. Describe the progression of metabolic dysregulation that occurs in the context of diabetes as a chronic disease
3. Discuss current lifestyle interventions that target prediabetes, including their delivery mode(s) and outcomes
4. Understand the application and use of pharmaceutical and surgical interventions in prediabetes and weight

3:30 – 4:30pm

Current Issues with Protein Foods: Meat Alternatives and Cell Cultured Meat

Cody Gifford, Ph.D., RDN

1. Describe the rising trends in protein foods and meat alternatives
2. Identify and evaluate environmental, health and socioeconomic trade-offs associated with various food choices

Breakout Session 2b

1:15 - 2:15pm Nutrition Controversies - Handling Tough Questions When Science & Philosophy Collide

Keith Ayoob, EdD, RD, FAND

1. Speak knowledgeably about myths and misperceptions surrounding these controversial nutrition topics
2. Distinguish between nutrition facts and nutrition philosophies about controversial nutrition issues, enabling the learner to better educate consumers and clients and more factually respond to questions

Evaluation and Closing

6.5 contact hours for Thursday

Learn...Renew...Network!

Friday, September 25, 2020

Day 3

8:00am - 9:00am

WY- Grown Peruvian Popping Beans: Sensory Analysis & Consumer Acceptance

Jill Fabricius Keith, PhD, RD

1. Describe unique characteristics of the popping bean
2. Identify consumer response to sensory analysis of beans
3. Describe the potential uses of popping beans to meet nutritional guidelines and recommendations

9:00am - 10:00am

Tailoring MyPlate Recommendations to Prevent Chronic Disease

David Aguilar-Alvarez, PhD

1. Summarize the current state of metabolic syndrome in the United States
2. Recognize the importance of using MyPlate to prevent markers of chronic disease
3. Identify key gender differences in the prevention of Metabolic syndrome using MyPlate

10:00am - 10:15am Break

10:15am - 11:15am

Finding Common Sense in Weight Management

Linda Cardinal, MS, RDN, LD

1. Describe the numerous factors that can affect weight and contribute to obesity
2. Explain the importance of providing a supporting role and providing patient centered care
3. Identify current covered services by Medicare and Medicaid for weight management and obesity

11:15pm - 12:15pm

Meaningful use of social media in healthcare: Factors that drive engagement and affect clinical outcomes

Lindsey McCoy, MS, RD, CSSD, LD

1. Identify and evaluate patient motivations to utilize social media in disease management
2. Discuss the applications and limitations of the use of social media for individual and group health care providers
3. Define and understand professional guidelines for the use of social media in healthcare
4. Assess ways nutrition professionals can lead efforts in social media campaigns that increase access to quality information

Breakout 3a

12:15pm - 1:15pm Breakout Session 3a

National Provider Identifier (NPI) Workshop

Georgia Boley MS, RD, LD, CFSP

1. Obtain a National Provider Identifier
2. Use the NPI to sign up with health insurance providers as a health care provider

Breakout 3b

12:15pm - 1:15pm Breakout Session 3b

Plant Based Nutrition & Recreational Athletes: Helping Clients Work through Sensationalism

Candace Garner, MS, RD, LD

1. Identify common nutrition misconceptions perpetuated by media and influencers
2. Specify the foundational concepts of plant-based (vegetarian) nutrition research as it relates to sports
3. Provide clients with effective strategies to analyze nutrition information proved by media sources

Evaluation and Closing

5.0 contact hours for Friday