

# TRAILS TO COLLABORATION

## 2023 DIABETES & NUTRITION HEALTHCARE CONFERENCE

**APRIL 14-15, 2023  
LARAMIE, WYOMING**

*This Live Activity is designed for all levels of health care professionals including physicians, nursing, dietitians, pharmacist and allied health partners that relates to clients living with pre-diabetes, diabetes, hypertension and associated chronic conditions.*

**ADCES - ON LINE REGISTRATION WEB LINK:**

**[HTTPS://WWW.DIABETES EDUCATOR.ORG/EVENT/WYCBAPR23](https://www.diabeteseducator.org/event/wycbapr23)**



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**APRIL 14-15, 2023**  
**LARAMIE, WYOMING**

**FRIDAY, APRIL 14, 2023**

## **Agenda**

8:00-9:00am

## **Day 1 - Pre-Conference Sessions - Hilton Garden Inn**

Conference Early Registration - Hilton Garden Inn

9:00-11:00am

Pre-Conference Workshop - Students and Educators

11:00-11:30am

ADCES Wyoming Coordinating Body - Annual Meeting - Ashley Littleton RD, LD, CDCES, Chair

11:30-12:00pm

Wyoming Academy of Nutrition & Dietetics Annual Meeting - Linda Cardinal, RD, LD, CDCES, Chair

11:00-1:00pm

Conference Registration - Hilton Garden Inn

1:00-1:15pm

## **Welcome & Announcements**

## **General Session**

1:15-2:15pm

**Joseph Grandpre, PhD, MPH**

## **Chronic Disease in Wyoming – The “State” of the State**

- To discuss with learners as to the current incidence, prevalence, and mortality rates of chronic diseases in Wyoming residents.
- To discuss the risk factors associated with chronic diseases and the rates of those risk factors in Wyoming.

2:15-2:30pm

## **Break**

2:30-3:30pm

**Chase Thiel, PhD**

## **Why Good People Do Bad Things**

- To discuss the challenges the traditional theories of ethical decision making.
- Identify the foundational theories and concepts of behavioral ethics.

3:30-3:45pm

## **Break**

3:45-4:45pm

**Dr. Joseph Gutman, MD**

## **Lucky Are Those That Have Been Diagnosed with Type 2 Diabetes**

- Identify and discuss insulin dynamics in those with diabetes.

4:45-5:00pm

## **Evaluation & Closing**

5:00-6:30pm

## **Networking Reception - Hilton Garden Inn**

*Join us for a great time of networking, food and drink with our Speakers, Exhibitors, and Partners*

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**Wyoming  
Coordinating  
Body**



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**SATURDAY, APRIL 15, 2023**

**Agenda**

**Day 2 - UW Conference Center**

6:00-7:00am

Early Bird Networking - Yoga - Cortney Osborn

7:00-8:00am

Registration and Breakfast

8:00-8:15am

**Welcome & Announcements**

**General Session**

8:15-9:15am

**NATIONAL DIABETES EDUCATOR OF THE YEAR**

**Anastasia Albanese - O'Neill, PHD, APRN/CPNP-C, CDCES**

***Essential For Integrating Diabetes Technology Into the Clinical Paradigm***

- a. Describe the role and importance of the DCES at a technology champion.
- b. Discuss workflows, resources, and staff training that contribute to greater efficiencies, reduced disparities, and improved clinical outcomes.
- c. Apply the ADCES Diabetes Technology Competencies to the practice of diabetes care and education.

**Breakout Session (Choose 1)**

9:30-10:30am 1-A

**Dian True RN, MA, CLSC, CDCES, FACES & Jen Steiner, PharmD**

***Pharmacologic Approach to Approaches to Glycemic Treatment***

- a. Identify and discuss the many classes of medications both oral and injectable for the treatment of diabetes.
- b. Identify biosimilar options to reduce medication expenses.

9:30-10:30am 1-B

**Amber Nolte, MPH & Denyse Ute, BS, DDP Coordinator**

***Healthy Spin on Lifestyle Change Participants***

- a. Overcoming challenges and barriers in participant retention.
- b. New avenues to participant recruitment.

9:30-10:30am 1-C

**Charlotte McIntyre**

***An Individual Approach to Building Trust***

- a. Discuss - How to build trust with a wide variety of cliental.
- b. Discuss - How to approach clients based on their individual needs (once trust is built).

10:30-11:00pm

**Break with Exhibitors (Snacks) Salon A & B**



## Breakout Session - (Choose 1)

11:00-12:00pm 2-A

**Sabine Schenck, M.S.**

### **Patient Engagement: Using Motivational Interviewing Techniques to affect Health Behavior Change**

- Participants will learn how to create collaborative patient-provider relationships to support health behavior change.
- Participants will be able to describe a variety of Motivational Interviewing tools and will be able to identify opportunities for implementation.

11:00-12:00pm 2-B

**Kevin Franke, BSN**

### ***Connecting the Dots: Diabetes and Chronic Care Management***

- Understand the elements of Chronic Care Management, including patient and practice eligibility.
- Describe how a team-based Chronic Care Management program has been implemented into clinical practice.
- Describe Chronic Care Management's benefits to the patient and the clinic, both in better care and reimbursement.

11:00-12:00pm 2-C

**Kierston Mills, RD, LDN, CSCS**

### ***A look at "Dietetic Billing and Reimbursement"***

- Identify 2 common CPT codes and 2 ICD codes used in preventative nutrition counseling.

12:00-1:30pm

### ***Networking Lunch - Break with Exhibitors Salon A & B***

## **General Session**

1:30-2:30pm

**Thomas Repas, DO, FACOI, FACP, FNLA, FACE, ECNU, CCD, CPI**

### ***Type 1 Diabetes: A New Breakthrough in Therapy***

- Review the development of type 1 diabetes, including beta cell autoimmunity, and the stages of type 1 diabetes.
- Review past attempts at modulating beta cell autoimmunity and/or sustaining beta cell function.
- Discuss a newly FDA approved treatment for delaying progression of type 1 diabetes to stage 3.

## Breakout Session - (Choose 1)

2:30-3:30pm 3-A

**Carol Rasmussen, MSN, FNP-C, CDCES, FADCES**

### ***Type 2 Diabetes in Pediatrics***

- Discuss Impact of Type 2 diabetes in pediatric populations.
- Identify best practices in the care of pediatric populations with Type 2 diabetes.
- Discuss medications used in the Type 2 pediatric population.

2:30-3:30pm 3-B

**Amanda Kuck RDN, LD, CEC**

### ***Transitional Diet Phase Out***

- Will identify new preparation option and how to introduce new food options.
- Will demonstrate and prepare a sample of new food options for dysphasia.

3:30-4:00pm

### ***Break with Exhibitors***

## **General Session**

4:00-5:00pm

**Larry Weaver**

### ***Refresh. Renew. Refocus. Be Your Best Every Day***

- Improve attitude by embracing change and reducing stress.
- Maintain motivation through finding energy and increasing ability.
- Build resilience by balancing work/life and improving physical and mental health and wellness.

5:00pm

### **Evaluation & Closing**

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*This Live Activity is designed for all levels of health care professionals including physicians, nursing, dietitians, pharmacist and allied health partners that relates to clients living with pre-diabetes, diabetes, hypertension and associated chronic conditions.*

#### Continuing Education Registration:

Name: \_\_\_\_\_  
Discipline: (MD,RN, RD, Other) \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_  
Zip: \_\_\_\_\_ Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Place of work: \_\_\_\_\_

#### Registration Fee:

##### REGISTRATION REQUIRED

ADCES & WAND Members # \_\_\_\_\_

Members: \$125.00

Non - Members: \$150.00

Students: \$50.00

*No Refunds after March 5, 2023*

*All registrations due by March 24, 2023*

ADCES - On Line Registration Web link:

<https://www.diabeteseducator.org/event/WYCBAPR23>



**For payments by Mail:**

**ADCES - Wyoming CB - 2023 Conference**

**125 S. Wacker Dr. Suite 600**

**Chicago, IL 60606**

#### CME Disclaimer



IPCE CREDIT™



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

The Wyoming Coordinating Body: Has submitted for approval an application for **9.0 hours** of CME's/IPCE for this live Activity April 14 - 15, 2023

**TOTAL CME/IPCE: Friday - 4.0; Saturday - 5.0 hours.**

CME IPCE credits will be provided for the following learners: Medical-AMA; Nursing-ANCC; Dietitian-CDR; Pharmacy - ACP; Social Services -JAO; other disciplines may submit their certificates for approval.

- Planners: Disclose no conflict of interest relative to this educational activity.
- Faculty/Presenters/Authors/Content Reviewers: Disclose no conflict of interest relative to this educational activity. Dr. Repas speaks for Sanofi
- Successful Completion: For successful completion, participants are required to be in attendance for the full activity; complete and submit the program evaluation at the conclusion of this event.

#### Certified Diabetes Care and Education Specialists (CDCES):

To satisfy the requirements for renewal of certification for the Certification Board for Diabetes Care and Education (CBDCE), continuing education activities must be diabetes related and approved by a provider on the CBDCE list of Approved Providers ([www.ncbde.org](http://www.ncbde.org)). CBDCE does not approve continuing education. The Association of Diabetes Care & Education <https://www.diabeteseducator.org/about-ADCES/Membership> Specialists is on the CBDCE list of Approved Providers. <https://www.diabeteseducator.org/about-adces/membership>

#### Conference Housing:



**Hilton  
Garden  
Inn®**

*Room block held until held only until March 31st*

<https://www.hilton.com/en/book/reservation/deeplink/?cityhcn=LARLAGI&arrivaldate=2023-04-13&departuredate=2023-04-16&srpCodes=WAND>

*Scan to Reserve Rooms*



#### *For further information Contact:*

Ashley Little RD, CDCES email: [alittleton@mhccwyo.org](mailto:alittleton@mhccwyo.org) Phone: 307-358-1456 -or-

Dian True RN, CDCES email: [dian.true@gmail.com](mailto:dian.true@gmail.com) Phone: 307-272-5817

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