

TRAILS TO COLLABORATION

2023 DIABETES & NUTRITION HEALTHCARE CONFERENCE

APRIL 14-15, 2023

LARAMIE, WYOMING

This Live Activity is designed for all levels of health care professionals including physicians, nursing, dietitians, pharmacist and allied health partners as it relates to clients living with pre-diabetes, diabetes, hypertension and associated chronic conditions.



This educational and networking opportunity is brought to you by:



All handouts and presentations will be available at <https://www.eatrightwyoming.org/conference/>

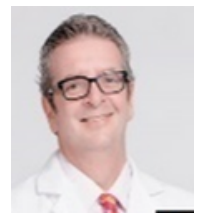
FRIDAY, APRIL 14, 2023

Agenda Day 1 - Pre-Conference Sessions - Hilton Garden Inn - Grand Teton Ballroom

- 8:00-9:00am Conference Early Registration
- 9:00-11:00am Pre-Conference Workshop - Students and Educators
- 11:00-11:30am ADCES Wyoming Coordinating Body - Annual Meeting
Ashley Littleton RD, LD, CDCES, Chair
- 11:30am-12:00pm Wyoming Academy of Nutrition & Dietetics Annual Meeting
Linda Cardinal, RD, LD, CDCES, Chair
- 11:00-1:00pm Conference Registration
- 1:00-1:15pm Welcome & Announcements

General Session

- 1:15-2:15pm **Chronic Disease in Wyoming – The “State” of the State by Joseph Grandpre, PhD, MPH**
Discuss the current incidence, prevalence, and mortality rates of chronic diseases in Wyoming residents and the risk factors associated with chronic diseases and the rates of those risk factors in Wyoming.
- 2:15-2:30pm Break
- 2:30-3:30pm **Why Good People Do Bad Things by Chase Thiel, PhD**
Discuss the challenges the traditional theories of ethical decision making and identify the foundational theories and concepts of behavioral ethics.
- 3:30-3:45pm Break
- 3:45-4:45pm **Lucky Are Those That Have Been Diagnosed with Type 2 Diabetes by Dr. Joseph Gutman, MD**
Identify and discuss insulin dynamics in those with diabetes.
- 4:45-5:00pm Evaluation and Closing
- 5:00-6:30pm **Networking Reception Hosted by CeQUR**
Join us for a great time of networking, food and drink with our speakers, exhibitors, and partners.



CME Disclaimer: The Wyoming Coordinating Body: Has received 9.0 hours of CME's/IPCE for the live Activity - April 14 & 15, 2023.
TOTAL CME/CPE: Friday - 3.0; Saturday - 6.0 hours
Planners: Disclose no conflict of interest relative to this educational activity.
Faculty/Presenters/ Authors/ Content Reviewers: Disclose no conflict of interest relative to this educational activity.

SUCCESSFUL COMPLETION:

For successful completion, learners are required to be in attendance for the full activity & complete and submit event evaluation.

SATURDAY, APRIL 15, 2023

Agenda Day 2 - UW Conference Center

6:00-7:00am Early Bird Networking - Yoga - Courtney Osborn
Salon G

7:00-8:00am Registration and Breakfast

8:00-8:15am Welcome & Announcements
Salon C & D

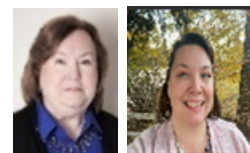
General Session

8:15-9:15am **Essential for Integrating Diabetes Technology into the Clinical Paradigm by National Diabetes Educator of the Year Anastasia Albanese - O'Neill, PHD, APRN/CPNP-C, CDCES**
Salon C & D
Describe the role and importance of the DCES at a technology champion. Discuss workflows, resources, and staff training that contribute to greater efficiencies, reduced disparities, and improved clinical outcomes. Apply the ADCES Diabetes Technology Competencies to the practice of diabetes care and education. This presentation made possible by Xeris Pharmaceuticals.

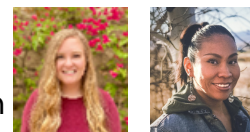


Breakout Session - (Choose 1)

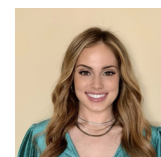
9:30-10:30am **Pharmacologic Approach to Approaches to Glycemic Treatment by Dian True RN, MA, CLSC, CDCES, FACES & Jen Steiner, PharmD**
1 A Salon F & G
Identify and discuss the many classes of medications both oral and injectable for the treatment of diabetes. Identify biosimilar options to reduce medication expenses.



9:30-10:30am **Healthy Spin on Lifestyle Change Participants by Amber Nolte, MPH & Denyse Ute, BS, DDP Coordinator**
1 B Salon C & D
Overcoming challenges and barriers in participant retention and new avenues to participant recruitment.



9:30-10:30am **An Individual Approach to Building Trust by Charlotte McIntyre**
1 C Salon E
How to build trust with a wide variety of cliental and how to approach clients based on their individual needs once trust is built.



10:30-11:00pm **Break with Exhibitors**
Salon A & B

Scavenger Hunt

Join us on a Scavenger Hunt with our vendors. Get each vendors name next to their logo and turn in your hunt to the registration table for a chance to win some great prizes. Names will be drawn during the closing remarks. Must be present to win.



Breakout Session - (Choose 1)

11:00-12:00pm
2-A Salon F & G

Patient Engagement: Using Motivational Interviewing Techniques to affect Health Behavior Change by Sabine Schenck, M.S.

Learn how to create collaborative patient-provider relationships to support health behavior change. Describe a variety of Motivational Interviewing tools and will be able to identify opportunities for implementation.



11:00-12:00pm
2-B Salon C & D

Connecting the Dots: Diabetes and Chronic Care Management by Kevin Franke, BSN

Understand the elements of Chronic Care Management, including patient and practice eligibility. Describe how a team-based Chronic Care Management program has been implemented into clinical practice. Describe benefits to the patient and the clinic, both in better care and reimbursement.



11:00-12:00pm
2-C Salon E

A Look at "Dietetic Billing and Reimbursement" by Kierston Mills, RD, LDN, CSCS

Identify 2 common CPT codes and 2 ICD codes used in preventative nutrition counseling.



12:00-1:30pm
Salon A & B

Networking Lunch - Break with Exhibitors

General Session

1:30-2:30pm
Salon C & D

Type 1 Diabetes: A New Breakthrough in Therapy by Thomas Repas, DO, FACOI, FACP, FNLA, FACE, ECNU, CCD, CPI

Review the development of type 1 diabetes, including beta cell autoimmunity, and the stages of type 1 diabetes. Review past attempts at modulating beta cell autoimmunity and/or sustaining beta cell function. Discuss a newly FDA approved treatment for delaying progression of type 1 diabetes to stage 3.

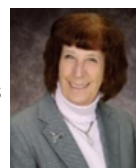


Breakout Session - (Choose 1)

2:30-3:30pm
3-A Salon C & D

Type 2 Diabetes in Pediatrics by Carol Rasmussen, MSN, FNP-C, CDCES, FADCES

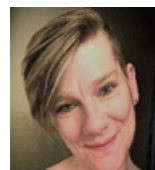
Discuss Impact of Type 2 diabetes in pediatric populations. Identify best practices in the care of pediatric populations with Type 2 diabetes. Discuss medications used in the Type 2 pediatric population.



2:30-3:30pm
3-B Salon F & G

Presentation Title: Mediterranean Diet for People with Diabetes and Incorporating Transitional Levels of IDDSI with Demo by Amanda Kuck RDN, LD, CEC

Recognize the benefits of the Mediterranean diet and improvement of glucose, cholesterol, and or blood pressure levels for people with diabetes. Apply cooking and food preparations techniques to include more Mediterranean styles of food into an IDDSI level for dysphagia.



3:30-4:00pm
Salon A & B

Break with Exhibitors

General Session

4:00-5:00pm
Salon C & D

Refresh. Renew. Refocus. Be Your Best Every Day by Larry Weaver

Improve attitude by embracing change and reducing stress. Maintain motivation through finding energy and increasing ability. Build resilience by balancing work/life and improving physical and mental health and wellness.



5:00pm
Salon C & D

Evaluation & Closing

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CONFERENCE SPONSORS

A BIG THANK YOU to our generous conference sponsors from the conference committee. Without your help, this event could not take place! Be sure to visit with the vendors at the conference and let them know we appreciate their attendance and support.



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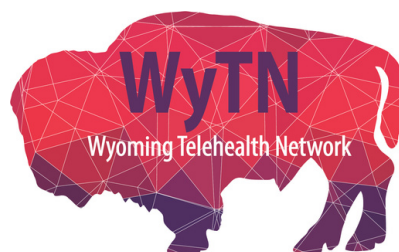
Wyoming Center
on Aging



Wyoming



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ADCES Conference Evaluation, Online - Format:

Thank you for attending our conference, "Trails to Collaboration" 2023 Diabetes & Nutrition Health Care Conference. All attendees that wish to obtain continuing education credit must complete the following steps:

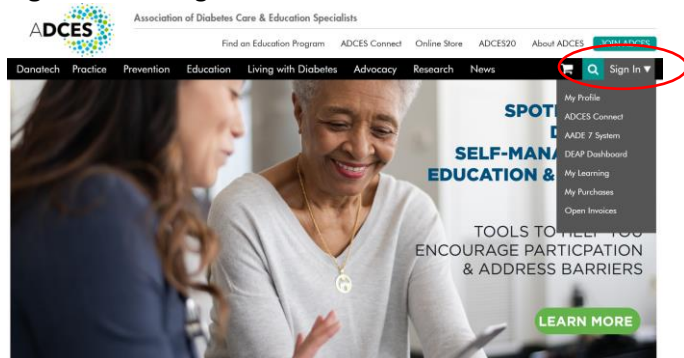
1. Complete the CE Evaluation: <https://forms.office.com/r/Uq6U3r9VX9>
2. Once you've completed the evaluation, you will click the link and will be redirected to login to your member/event registration profile.
3. The system will prompt you to log in to your profile. Your CE credits will show in your CE record, under the "CE History" section of your profile.

The evaluation site will remain open for 14 days after the conference and will close **April 28, 2023**. Please note that once the CE Evaluation closes, the system will not provide you a CE certificate. Please be sure to complete the evaluation before the close date. Thank you and please feel free to contact me if you have questions.

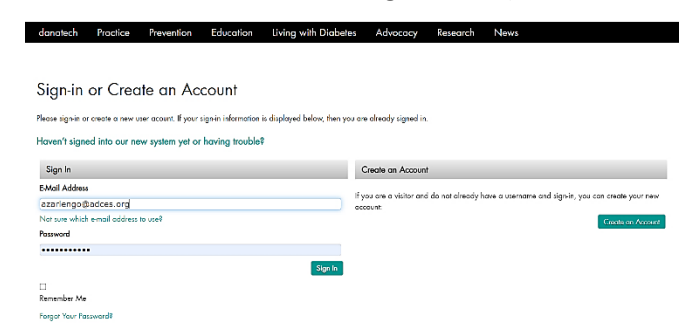
Kind regards,
Dian True, WyCOA Regional Coordinator
dtrue2@uwyo.edu

Certificate - Statement of Credit - How to Access CE Certificates and Transcripts

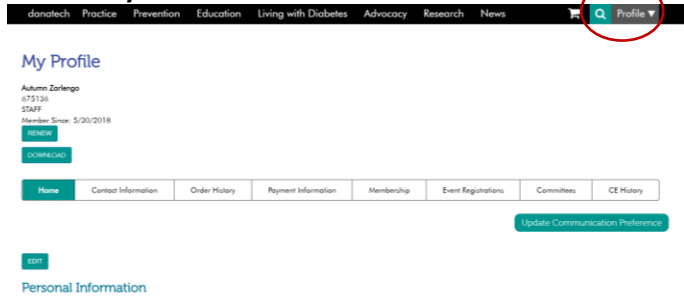
1. Go to <https://www.diabeteseducator.org> click on **Sign in** on the right side of the screen.



2. You will be brought to a login screen. Login with your ADCES member account credentials or the credentials you used to create an account at registration (non-members).



3. Once you login you can click on the **Profile menu** and choose **My Profile**.



4. You will be brought to the **CE History Page**. Here you can download/print individual statements of credit from activities you have attended or generate a comprehensive transcript.

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CE History

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End Date

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Search by Activity Title...

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All

Date	Activity Title	Learning Format	Activity Location	UAN Number	CE/CME Hours	Pharmacology Hours	
12/11/2021	2021 ADCES Diabetes Technology Conference at Hyatt Regency Chicago Hotel (12/10/2021-12/11/2021)			JA1008258-0000-21-338-401-P	8.5	1.5	Statement of Credit
3/01/2019	The ADADE Diabetes Prevention Program (DPP) Model			0069-0000-17-112-H01-P	1	0	Statement of Credit
10/10/2018	DISCONTINUED Fundamentals of Diabetes Care - 3rd ed.			0069-0000-15-224-H01-7	0	0	Statement of Credit

10

items per page

1 - 3 of 3 items

CONFERENCE COMMITTEE

Thank you to this year's conference committee for all their hard work and dedication to ensure **this conference was a success!**

Ashley M. Littleton, RD, LD, CDCES

Dian True RN, CDCES, FADCES

Linda Cardinal, RD, LD, CDCES

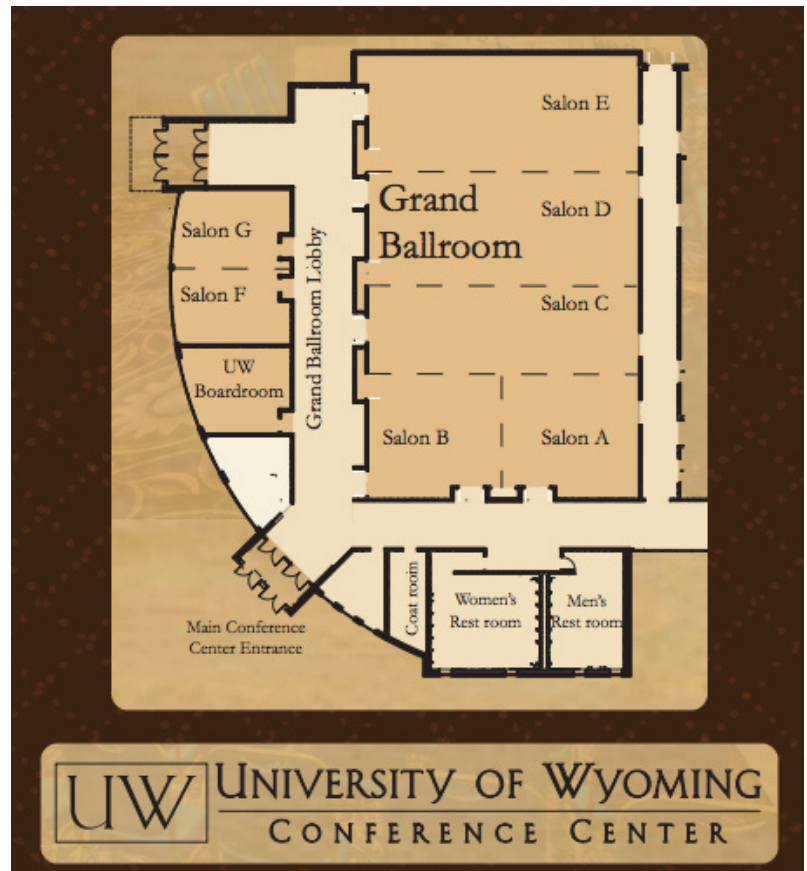
Kara Beech, BSBA, SHRM-CP

Kevin Franke, BSN

Lauren Gibbs, RD, LD

Maureen Molinari PhD, RD, CDCES

EVENT MAPS



WiFi at the Hilton Garden Inn

Hilton Honors HGI Meeting Network

Password: Premiumguest

WiFi at the UW Conference Center

- Open "wifi settings" on your device (smartphone, tablet, laptop, etc.)
- Connect to the "UWGuest" network
- Open a web browser, if one does not appear automatically
- You will be redirected to a login screen
- Click the "Connect" button