



Activity/Session Title:

**Charlotte McIntyre**

**An Individual Approach to  
Building Trust**

**Date: April 15, 2023**

# Disclosures to Participants

## **Notice of Requirements for Successful Completion:**

Learners must participate in the full activity and complete the evaluation in order to claim continuing education credit/hours.

## **Presenter has No - Conflicts of Interest/Financial Relationships Disclosures:**

**Charlotte McIntyre**

**Disclosure of Relevant Financial Relationships and Mechanism to Identify and Mitigate Conflicts of Interest:** No conflicts of interest

**Non-Endorsement of Products:** Accredited status does not imply endorsement by ADCES or Joint Accreditation of any commercial products displayed in conjunction with this educational activity

**Off-label Use: None**

# Learning Objectives/Program Overview

**During this presentation learners will be able to:**

- a. Discuss - How to build trust with a wide variety of cliental.**
- b. Discuss - How to approach clients based on their individual needs (once trust is built).**

# An Individual Approach to Building Trust

Charlotte McIntyre, MS, RD, LDN

## Introduction

Preparation for Dietetics

## Path to University of Wyoming

Montana      Indiana University

Denver      Auburn University

Chicago Cubs      University of  
Organization      Wyoming

## Building Relationships

"People won't care how much you know until they know how much you care"

More knowledgeable than 99.5% of the population

## How to Approach Clients

"Year One"

"Year Two"

"Year Three"

"Offseason"

## How to Maintain Clients/Relationships

Checking in

Buy In

Trust

## Guest Speaker

Aleksandra "Ola" Ustowska  
Junior, Guard; Kartuzy, Poland  
Wyoming Women's Basketball