

JOURNEY TO SUCCESS

A Collaborative Approach to Diabetes, Nutrition and Heart Health

April 12-13, 2024

Best Western Downtown Casper



This Live Activity is designed for all levels of health care professionals including physicians, nursing, dietitians, pharmacist and allied health partners that relates to clients living with pre-diabetes, diabetes, hypertension and associated chronic conditions.

This educational and networking opportunity is brought to you by:



FRIDAY, APRIL 12, 2024

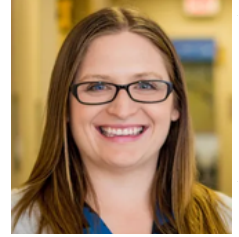
Agenda Day One - Conference Sessions - Downtown Best Western

7:00-8:00am Conference Early Registration

8:00-8:15am Pre-Conference Welcome - Jackson Hole Hall C

8:15-9:45am Jackson Hole Hall C **Introduction to Continuous Glucose Monitoring - The role of CGM in Diabetes Care by Ashley Littleton, RD, LD, CDCES, CPT**

- a) Identify patient who may benefit from CGM.
- b) Identify ADCES resources for CGM (DANA TECH).
- c) Identify CGM's that are available in Wyoming.



9:45-10:00am Break with Exhibitors Sponsored by Insulet - Jackson Hole Hall B

10:00-12:00pm Jackson Hole Hall C **Introduction to Insulin Pumping - The role of Insulin Pumping in Diabetes Care by Ashley Littleton, RD, LD, CDCES, CPT**

- a) Identify who is appropriate for Insulin Pump Therapy.
 - b) Identify key functions of an insulin pump.
 - c) Identify resources available in Wyoming.
- Hands on opportunity for demonstrations

11:00-1:00pm Registration Opens

12:00-1:00pm Lunch with Exhibitors - Jackson Hole Hall A & B

1:00-1:15pm Welcome to Day ONE and Announcements - Jackson Hole Hall A

1:15-2:15 PM Jackson Hole Hall A **Wyoming Medicaid Services and Opportunities by Paul Johnson, MD, MPH**

- a) Be able to describe current Medicaid benefits/programs for clients with diabetes.
- b) Be able to discuss possible opportunities to better serve Medicaid clients with diabetes.



2:15-3:15 pm Jackson Hole Hall A **The Burden of Diabetes in Wyoming by Joe Grandpre, PhD, MPH**

- a) Inform the audience as to the current incidence, prevalence, and mortality rates of Diabetes in Wyoming residents.
- b) Educate the audience as to the risk factors associated with chronic diseases and the rates of those risk factors in Wyoming.



3:15-3:45pm Break with Exhibitors Sponsored by Insulet - Jackson Hole Hall B

3:45-4:45pm Jackson Hole Hall A **Medication Treatment Options for Weight Loss by Jaime R. Hornecker, PharmD, BCPS, BCACP, CDCES**

- a) Identify the rationale for Medication Treatment of Weight Loss.
- b) Identify the classes of medication utilized in weight loss.



4:45-5:00pm Day One Wrap-up /Evaluations & Announcements - Jackson Hole Hall A

5:00-6:30pm NETWORKING RECEPTION - Platte River Saloon (located near hotel entrance)

All handouts and presentations will be available at <https://www.eatrightwyoming.org/conference/>

CONFERENCE COMMITTEE

Thank you to this year's conference committee for all their hard work and dedication to ensure this conference was a success!

Ashley M. Littleton, RD, LD, CDCES
Dian True RN, CDCES, FADCES
Troy Bailey, MS, RDN, CDCES
Kevin Franke, BSN
Lauren Gibbs, RD, LD
Andrea Shipley, MPA
Kara Beech, BSBA, SHRM-CP, CTA
Thomas Repas, DO, FACE

 **Best Western.**
WIFI BWGuest
Password 51075

Saturday, APRIL 13, 2024
Agenda Day Two - Conference Sessions - Downtown Best Western

7:00-8:00am **Conference Early Registration**

8:00-8:15am **Welcome to Day TWO & Announcements - Jackson Hole Hall A**

8:15-9:15am
Jackson Hole Hall A

The Power of Protein - Live Long, Live Well - Healthy Tips for Vibrant Aging by Cindy Kleckner, RDN, LD, FAND

- a) Trace the evolution of the guidelines and practice standards of the DASH Diet, the MIND Diet, the Mediterranean Diet and the Dietary Guidelines for Americans using evidence-based recommendations.
- b) Examine the principles of the various eating plans in healthy aging.
- c) Provide an overview of protein and muscle in aging and the role nutrition plays in sarcopenia.
- d) Illustrate practical ways to help patients implement a healthy eating program for vibrant aging with emphasis on protein.



9:15-10:15am
Jackson Hole Hall A

State Level Strategies for Diabetes and Cardiovascular Disease Prevention and Management in Wyoming by Amber Nolte, MPH

- a) Learn about the diabetes prevention and management initiatives.
- b) Learn about the cardiovascular disease prevention and management initiatives.
- c) Identify opportunities for alignment with chronic disease prevention initiatives.



9:15-10:15am
Jackson Hole Hall C

Role of DANA TECH by Ashley Littleton, RD, LD, CDCES, CPT

- a) Identify ADCES resource - Dana Tech - Digital resources for Diabetes.

10:15-10:45am

Break with Exhibitors Sponsored by Insulet - Jackson Hole Hall B

10:45-11:45am
Jackson Hole Hall A

Health Equities Tools & Resources in Wyoming by Andrea Shipley, MPA

- a) Learn about health equity in rural and frontier communities.
- b) Learn about health disparities in diabetes data.



11:45-12:45am

Lunch with Exhibitors Sponsored by Novo Nordisk - Jackson Hole Hall A

12:45-1:45pm
Jackson Hole Hall A

History of Diabetes and Treatments by Joesph Gutman, MD, FACE

- a) Identify and Discuss the evolution of available therapeutics for Type 1 and Type 2 diabetes.
- b) Understanding how old therapies a better fit than new for certain individuals may be.



1:45-2:45pm
Jackson Hole Hall A

SDOH Training: Are you ready for 2024 Screening by Faith Jones, MSN, RN, NEA-C

- a) Discuss the process and value of SDOH Training.
- b) Identify the benefits of screening for SDOH.



2:45-3:00pm

Break with Exhibitors Sponsored by Insulet - Jackson Hole Hall B

3:00-4:00pm
Jackson Hole Hall C

Vaccination for Adults with Chronic Diseases by Heidi Gurov, RN, BSMicr, BSN, CMSRN

- a) Describe commonly used vaccines in adults with chronic diseases, including both routine vaccines and those with special indications due to medical condition.
- b) Describe why immunization of those with chronic diseases is recommended.



3:00-4:00pm
Jackson Hole Hall A

SDOH Training, SDOH ASSESSMENT PROCESS by Faith Jones MSN, RN, NEA-C

- a) Learners will be able to identify the components of a SDOH Assessment.
- b) Learners will be able to select the appropriate SDOH Z code.
- c) Identify the Key values in SDOH Screening.

4:00-5:00pm
Jackson Hole Hall A

Diabetes Eyecare in Pregnancy by Kenneth Morse, OD

- a) At the end of the session the learner will be able identify the new guideline and standards for eye care during pregnancy.
- b) The learners will be able to identify the risk of uncontrol diabetes on the eyes.



5:00-5:15pm
Jackson Hole Hall A

Closing Remarks - Conference Evaluation
<https://forms.office.com/r/NFCWrTZ29N>



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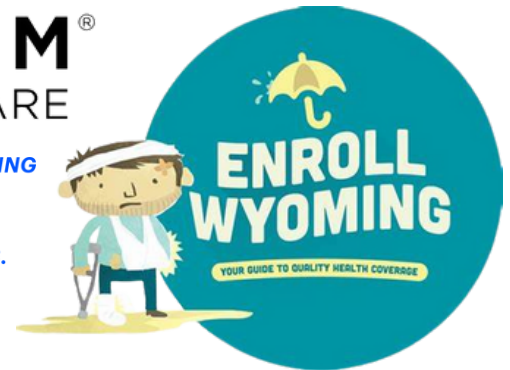


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