

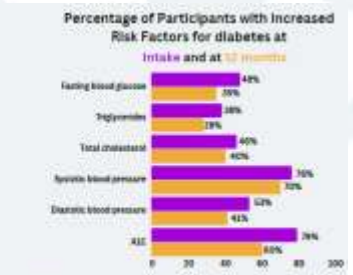
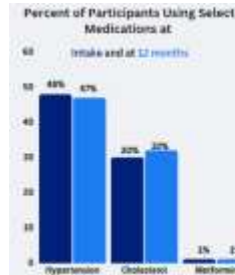
# DPP Roundtable: A DPP Lifestyle Coach's Playbook

How Montana leaders are approaching participant recruitment to graduation, scalability, and sustainability



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## DPP IN MONTANA



Data Source: Montana Diabetes Prevention Program, 2008-2025 based on participants who attended more than one session, were not pregnant, and were not diagnosed with Type 2 diabetes. \*\*2020-2024 based on participants attending 3 or more sessions. Data from 4 and 8 months, and 12 and 17 month assessments were combined.



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## MEET THE PANELISTS



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**Ida Reighard**

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**Paige Sadowski**

MS, MHA, RD, LN,  
CDCES, Supervisor  
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## RECRUITMENT

1. What is your approach to program promotion and recruitment?
2. What unique partnerships have supported your recruitment efforts, and how have they championed your program?
3. What does provider education surrounding DPP look like for you, and what do you find to be the most effective way of communicating with them?

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## RETENTION

1. What retention strategies have you seen the most success with?
2. Are there innovative or unique things you have implemented that keep participants coming back?

## SUSTAINABILITY

1. Tell us about your journey towards program sustainability.
2. Who in your organization has been involved in opening doors towards program sustainability?
3. What do you do to reduce or minimize burnout?
4. What keeps you engaged and passionate about offering DPP?

## MEDICARE BILLING CODES

For reporting, each code is accompanied by a description of the procedure and the maximum number of sessions per beneficiary.

HCPCS G-Code	Payment Description	Payment
G9886*	Behavioral counseling for diabetes prevention, in-person, group, 60 minutes	\$26
G9887*	Behavioral counseling for diabetes prevention, distance learning, 60 minutes	\$26
Subtotal Maximum Attendance-Based Payment (22 Sessions)		\$572
G9880	5 percent weight loss (WL) achieved from baseline weight	\$149
G9881	9 percent WL achieved from baseline weight	\$26
G9888**	Maintenance 5 percent WL from baseline in months 7-12	\$8
Total Maximum Payment		\$755

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## BILLING CODES

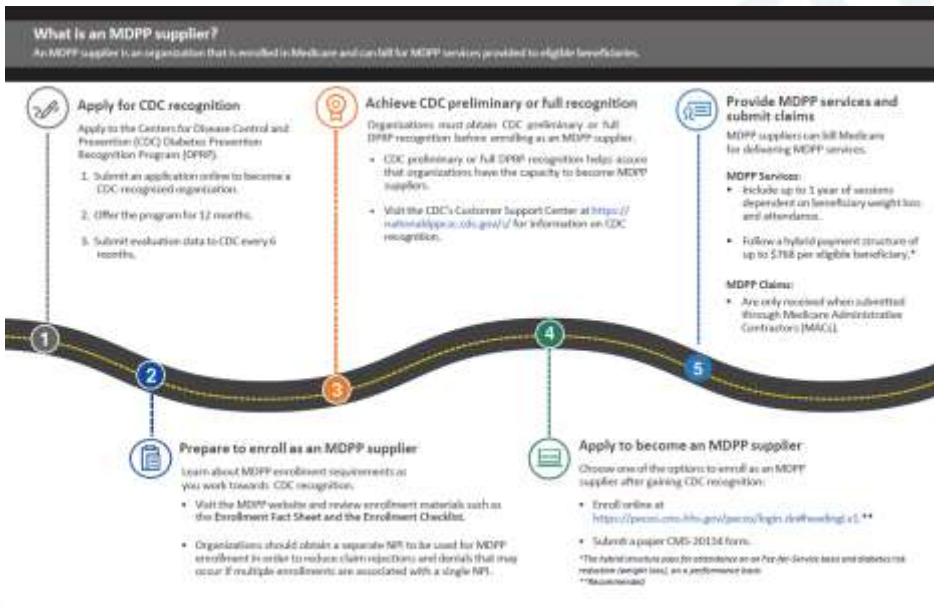
### National DPP lifestyle change program-specific CPT codes

CPT®, which stands for Current Procedural Terminology, is the code set used to describe procedures and services performed by physicians and other health care professionals or entities. CPT® is a registered trademark of the American Medical Association. A CPT code is a billing code used for clinical procedures that are consistent with contemporary medical practice. Currently, there are two CPT Category III tracking codes specific to the Centers for Disease Control and Prevention's (CDC) National DPP lifestyle change program that more accurately identify the non-clinical services performed by CDC-recognized National DPP lifestyle change program providers.

These codes are:

0403T	Preventive behavior change, intensive program of prevention of diabetes using a standardized diabetes prevention program curriculum, provided to individuals in a group setting, minimum 60 minutes, per day
0488T	Preventive behavior change, online/electronic structured intensive program of prevention of diabetes using a standardized diabetes prevention program curriculum, provided to an individual, per 30 days

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DISEASE PREVENTION